Preparation for Success Y11 Revision Techniques and Best Practice

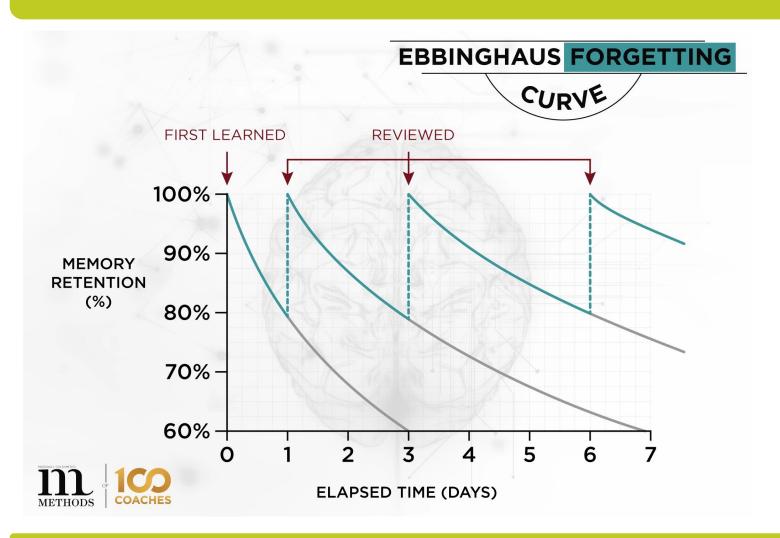


- Why is revision so important?
- Cognitive load theory
- Chunking to revisit information
- Interleaving
- Effective use of flash cards
- Spacing and timing
- Active revision

Documents summarising each revision technique, for parents and students, is available to download from Teams.

Why is revision important?





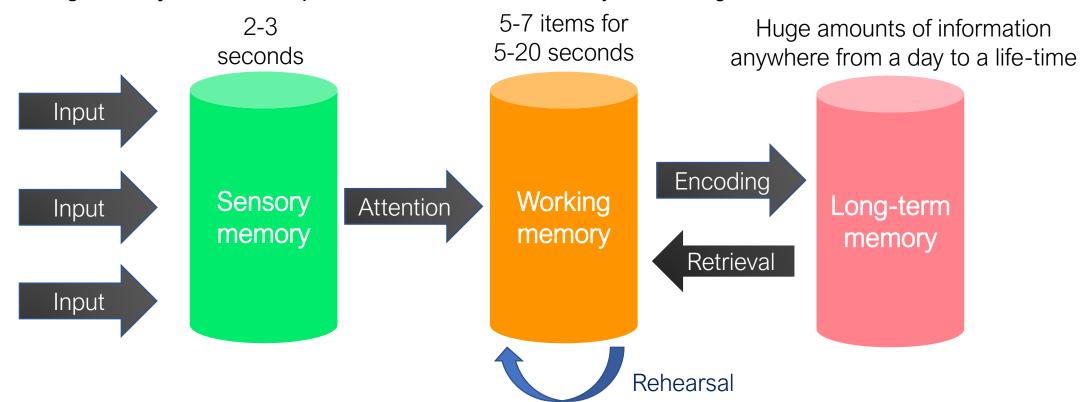
Cognitive Load Theory



'Cognitive Load' Theory was developed by John Sweller out of the study of problem solving.

Cognitive load is the amount of information our working memory can hold at any one time.

The working memory is where we process information and is key to learning



The capacity of our working memory is limited



We must manage the 'load' of our working memory. We must maximise our working memory by practicing a range of strategies.

What types of working memory are there?

Intrinsic Load — this means how complex a task is.

If a task or problem is really complex then it can take over most of our working memory. If a task is simple it uses less working memory.

Extraneous Load — these are the instructions you are given or how questions are written

Germane Load —This is the amount of work you put in to create a permanent store of knowledge

How can you apply the cognitive load theory to help you revise and learn?



- Break the problem down into parts. This reduces the problem space and lightens the cognitive load, making learning more effective.
- 2. Look at worked examples to understand how to complete tasks.
- 3. Take advantage of **auditory and visual channels** in your working memory.
- 4. Start with learning simple information and build on it.
- 5. Create an environment with as few distractions as possible so turn off your phone, music or the TV. Distractions add to your working memory.
- 6. Avoid overloading your brain with too much information at one time.
- 7. Always review information from your lessons as you go along because this will help improve your retention, adding knowledge to your long term memory.
- 8. Focus on one task or topic at a time.
- 9. Rehearse the components of a complex task so that it becomes automated, thus freeing up working memory capacity.
- 10. Create stories from information to be remembered or group information into more memorable categories or more accessible chunks.

Chunking Technique



Chunking is the process of taking individual pieces of information (chunks) and grouping them into larger units.

Daniel Bor, author of The Ravenous Brain states that chunking represents our ability to "hack" the limits of our memory.

The chunking process

- 1. Break down larger amounts of information into smaller units.
- 2. Identify similarities or patterns.
- 3. Organise the information.
- 4. Group information into manageable units.

The Chunking Process



Use **HEADINGS** and **TITLES** for different sections.

Use TABLES to summarise LARGE AMOUNTS of DATA.

Use **BULLET POINTS** to summarise and **CLARIFY IMPORTANT POINTS**.

Combine quick
ILLUSTRATIONS with TEXT
to create VISUAL
ASSOCIATIONS.

Top tips to effective chunking



Practice: Challenge yourself to remember lists of things, whether it's a shopping list, vocabulary words or important dates.

Look for Connections:

- Try to link groups together.
- Think about what they have in common and what makes sense.

Associate: Linking groups of items to things from your memory can also help make things more memorable.

Incorporate other memory strategies: For example, you might use mnemonics as a way to chunk different units of information. If you need to remember a list of things—such as buying **figs, lettuce, oranges, apples, and tomatoes**—you can create a word out of the first letters **e.g. "FLOAT".**

Separate your revision: Separating revision into relevant sections can help you digest everything and remember it more easily. If you can create **links** between different bits of information and put them in meaningful categories it can help you remember them better.

Interleaving



What is Interleaving?

Interleaving study technique is about what you do with your time when revising

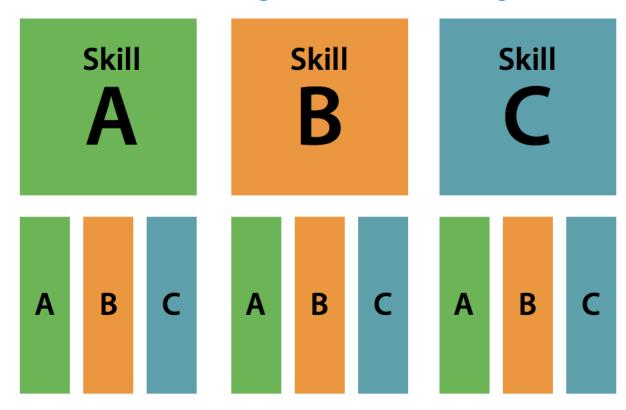
Dedicating one day to focus on one subject, then devoting the next day to focus on another is called 'blocking'.

How does interleaving work?



Blocking vs Interleaving

Learning is spread over time rather than concentrating on narrow topics one after the other



Applying effective interleaving



Each time you revise information it strengthens your memory recall.

By revisiting material from each topic several times, in short bursts, you can increase the amount you remember in the exams.

- 1. Break units down into small chunks and split these over a few days rather than revising one whole topic all at once.
- 2. Decide on the **key topics you need to learn** for each subject.
- 3. Decide on the **key topics you need to learn** for each subject.
- 4. Create a **revision timetable** to organise your time and space your learning.

Flashcards



- Using flashcards is a repetition strategy.
- They are a simple 'cue' on the front and an 'answer' on the back.
- Flashcards engage "active recall".

How to make Flashcards

- 1. Ensure that the flashcards have a **question or key term** on one side and the **answer or definition** on the other.
- The flashcard must work the memory.
- If flashcards only contain notes then no **retrieval practice** will be happening.
- 2. Ensure the right questions and knowledge are on the cards.
- 3. Keep information as short as possible.
- 4. Write clearly. You should be able to read what you wrote at a very quick glance.
- 5. Use different **coloured cards or pens** to categorise your flashcards. For example, use a different colour for each subject or topic. This can help your brain to categorise information better.
- 6. Make your flashcards as soon as you've learnt the topic in class.

Being smart when using flashcards



- Use spaced repetition Review your cards at specific, increasing intervals: for example on Day 1, Day 2, Day 4, Day 8 and so on.
- Spaced repetition works because it activates your long-term memory, while leaving small breaks in-between studying uses your short-term memory.
- Make sure you have a 'thinking pause' after picking one up and reading the question, then turn the card over to read the information.
- Once you get an answer right using your flashcards **DO NOT DISCARD IT!** You need to keep **repeating the questions** even if you get it right multiple times otherwise it will fall off your memory.
- Try writing the answer or definition in your own words and giving examples. This will help your learning and recall.
- Try 'interleaving'. Once you have several decks of flashcards for different subjects and topics, try mixing them up. This will test your knowledge across subjects in a single session. Make sure you are confident enough to do this every so often.

Believe and Succeed

Leitner System – The Method



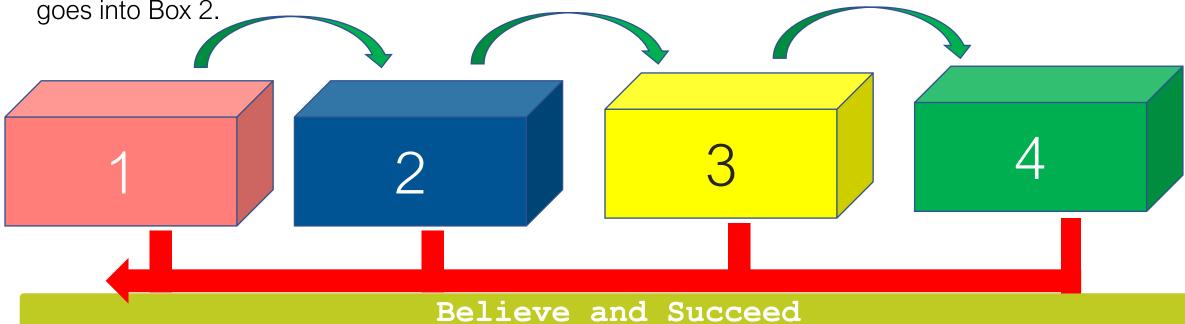
All flash cards start off in Box / Stack 1.

As you review the cards, each card you answer correctly goes into Box 2.

If you give the wrong answer the card stays in box 1.

When you review cards in Box 2, if you still get it right you move the card to box 3 and so on until all cards are in Box 4.

If you get a card wrong in any box, it goes back to Box 1.



Leitner System – The Key



The key is that the cards you know less well are reviewed more frequently than the cards in the higher boxes.

You now must choose the frequency at which you review each box.

Box 1: Every day

Box 2: Every 2 days

Box 3: Every 3 days

Box 4: Every 4 days

Spacing



- Spacing is a revision technique which is all about spacing out your revision so you don't get swamped and overwhelmed.
- It means introducing time intervals into your revision sessions as well as spacing out the days which you revise for topics.
- To commit something to memory, it takes time and repetition.

Doing something little and often – **spacing** – beats doing it at once, or cramming.

Revising for eight hours in one day is not as effective as doing one hour of revision for eight days.

WHY?

This is because the time in between allows you to forget and re-learn the information, which cements it in your **long-term memory**.

Optimum Spacing



Time to the test	Revision Gap	
1 Week	1-2 days	
1 Month	1 week	
3 Months	2 weeks	
6 Months	3 weeks	
1 Year	1 month	

- Organisation: determine where you need to focus your time
- 2. Planning: map out what you are going to revise and when.
- 3. Review: Build in different revision techniques to help you do some quick 5 10 minute reviews of your topics throughout your revision plan. Transformation task: These are 30 min activities to help you take in information.
- 4. Practice testing: test yourself on the area that you have reviewed such as quizzes
- 5. Exam questions: complete an exam question or questions on the area you have reviewed and mark this yourself using a mark scheme.

Activity during Revision



Exercise triggers the release of various hormones and chemical compounds in the body

Serotonin –
involved in
regulating your
sleep cycles and
boosting your
mood.

Dopamine – positively influences learning and your attention span.

Norepinephrine – affects motivation and mental stimulation.

Why is it important to take breaks in your revision?



- You're less likely to get distracted while you are revising.
- Breaks actually make you work more effectively.
 After all that mental work, your brain needs a rest.
- Schedule regular breaks during your revision. This could be 60 minutes of revision, followed by a 10 minute break. Exactly what schedule is best varies from person to person.
- Use your break for something relaxing and refreshing, but which won't distract you from getting back to work.
- Do something that involves getting up from where you're revising and moving around

Top tips to take care of yourself:



- Exercise regularly
- Eat well
- Sleep well
- Relax often
- Socialise & connect with others
- Take time out for you



English

What are the GCSE papers?

How can I revise for them?

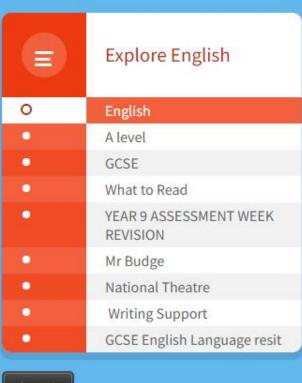
English Language Exams	English Literature Exams
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Use your exercise books for revision

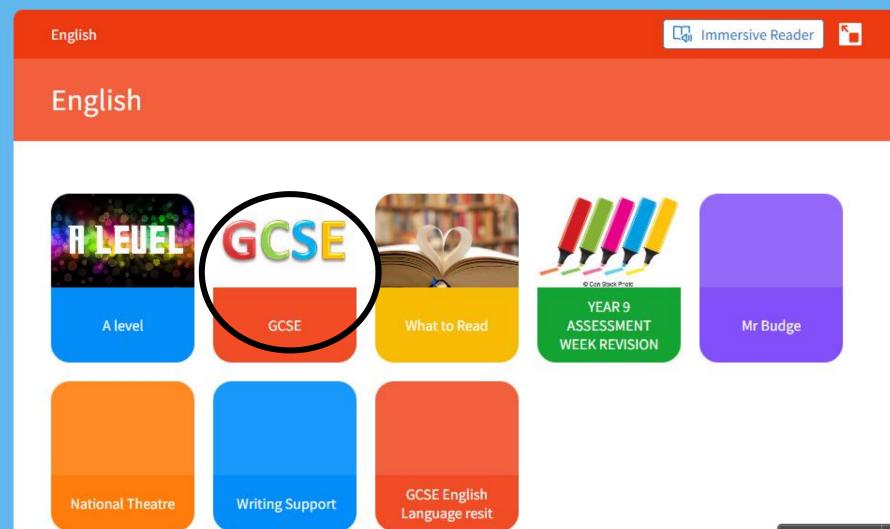


Dr Jekyll and Mr Hyde
Macbeth
Animal Farm
Poetry
English Paper 1
English Paper 2

BELIEVE AND SUCCEED

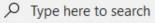


Create





























Edit Page



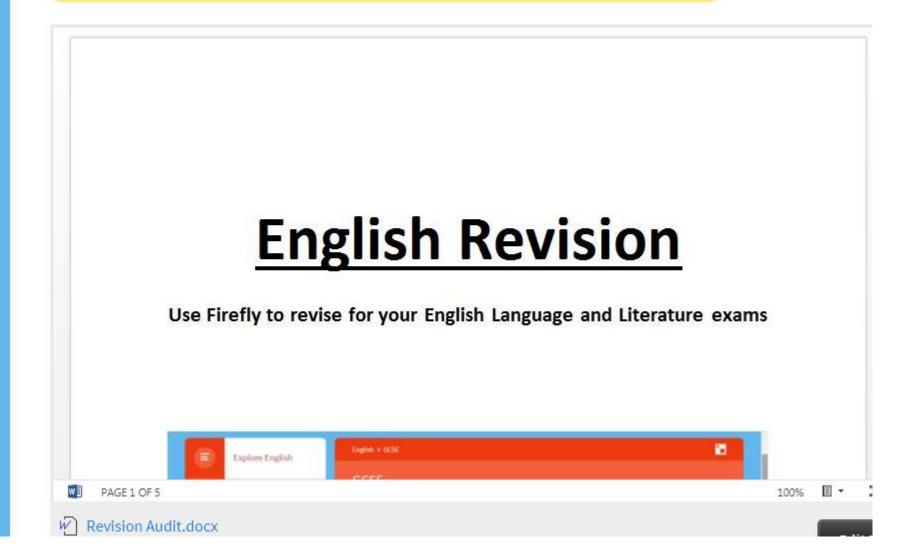




WHEN YOU CLICK ON THE GCSE FIREFLY PAGE YOU WILL FIND A REVISION AUDIT...



Use the document below to help you identify which areas of the English exams you need to revise

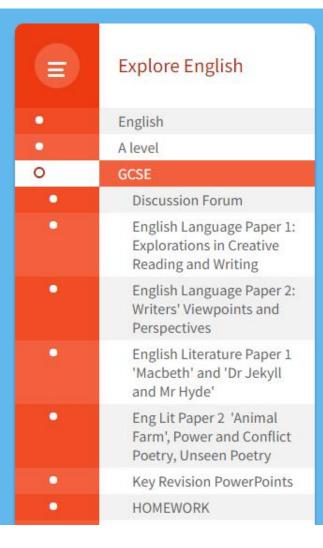


RATE HOW
CONFIDENT YOU
ARE WITH EACH
ASPECT OF THE
UNIT.

REVISE THE
ELEMENTS YOU
ARE LEAST
CONFIDENT WITH

English Literature Paper 2

Topic in Paper 2	Confidence rating	What to do to revise	Complete?
Macbeth - plot		Reread the play. Watch the	
	5	summary video on firegly	
Macbeth – characters		Complete character pages in the	
	5	revision guide on firefly.	
Macbeth - themes	_	Complete theme pages in the	
	5	revision guide on firefly.	
Macbeth – context	_	Include context on your	
	4	theme/character sheets. Make a	
		list of context for the play using the	
		context slide on firefly.	
Macbeth – answering the		Complete answers to exam	
question		questions on firefly. Check they	
	1 (include evidence, analysis,)
		terminology and context	
Unseen poetry		Use the Love and Relationships	
		poems in your anthology to help	
		with reading and understanding	
		poems independently. Read,	
		annotate and summarise their	
		meaning. You can also use the	
		unseen poems document on firefly.	
Unseen poetry		Make notes on how you would	
comparison		compare poems by METHOD. What	
		features do the poems use and	
		what's the effect?	



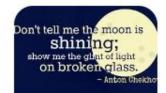
English > GCSE





GCSE

Use the tabs here to revise for each exam. Scroll down for information on each exam (sections, timings etc).



English
Language Paper
1: Explorations
in Creative
Reading and
Writing

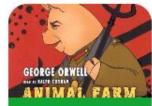
Why Cross-Country is a Silly Sport

The control of the co	
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English
Language Paper
2: Writers'
Viewpoints and
Perspectives



English
Literature Paper
1 'Macbeth'
and 'Dr Jekyll
and Mr Hyde'



Eng Lit Paper 2
'Animal Farm',
Power and
Conflict Poetry,
Unseen Poetry









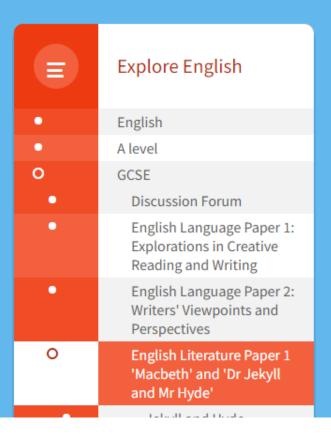


English > GCSE > English Literature Paper 1 'Macbeth' and 'Dr Jekyll and Mr Hyde'

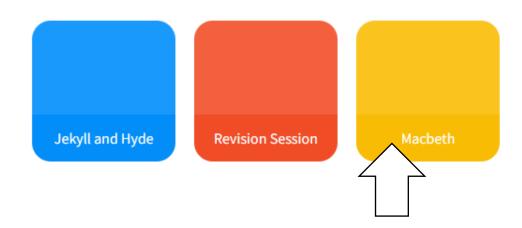




Immersive Reader



English Literature Paper 1 'Macbeth' and 'Dr Jekyll and Mr Hyde'









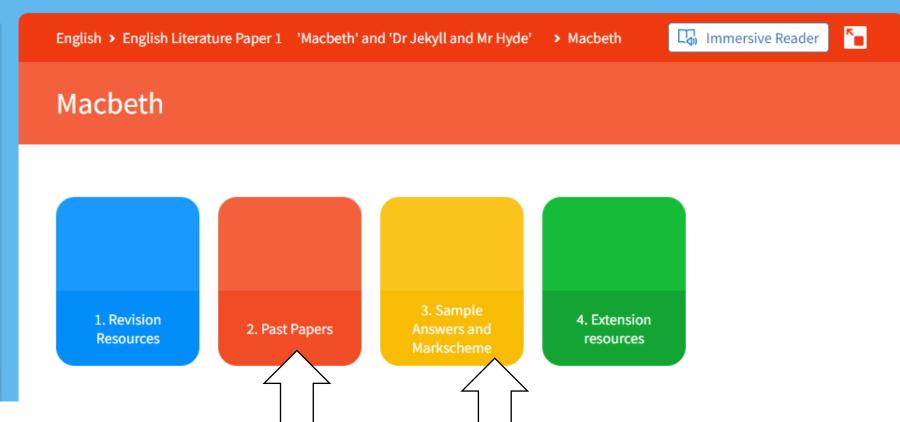












15-1: relevant Firefly pages are all hyperlinked



Subject: English Literature

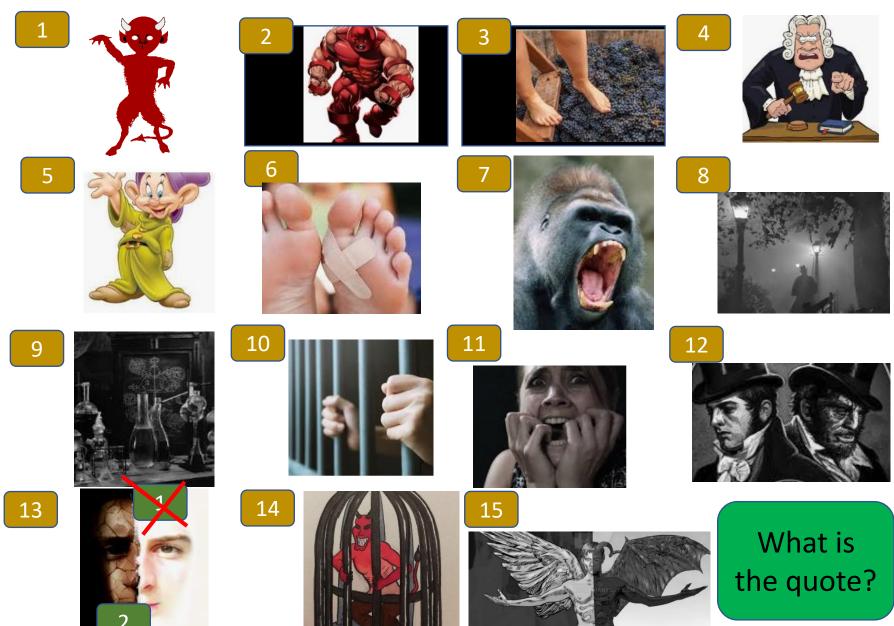
Level: GCSE

	w/c	Topic	Practice / Activity / Assessment	Done Y/N
15	30 Jan 23	Literature Paper 1, Section A: Shakespeare	Revise Macbeth: plot, character, context, key quotes and methods, non-quote methods, Shakespeare's ideas https://kow.fireflycloud.net/english-1/gcse/english-literature-paper-1-the-tempestmacbeth-and-dr-jekyll-and-mr-hyde/macbeth/1-revision-resources Key Terms: dramatic irony, soliloquy, foreshadowing, asides, structure, symbolism etc. Plan an answer to a past paper question: https://kow.fireflycloud.net/english-1/gcse/english-literature-paper-1-the-tempestmacbeth-and-dr-jekyll-and-mr-hyde/macbeth/2-past-papers	
14	06 Feb 23	Literature Paper 1, Section B: 19 th century fiction	Revise Dr Jekyll and Mr Hyde: plot, character, context, key quotes and methods, non-quote methods, Stevenson's ideas https://kow.fireflycloud.net/english-1/gcse/english-literature-paper-1-the-tempest-	
		Literature Paper 1,	Revise the marking criteria and annotate an example answer. https://kow.fireflycloud.net/english-1/gcse/english-literature-paper-1-the-	

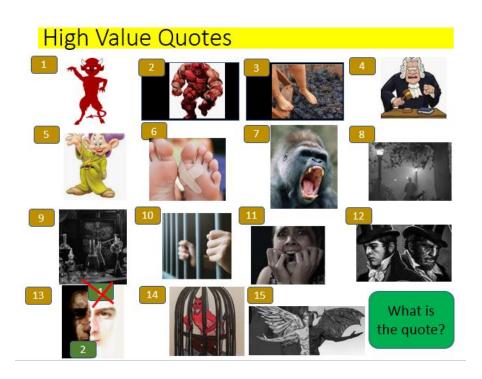
JEKYLL + HYDE High Value Quotes

1. "like Satan"	2. "like some damned juggernaut"	3. "trampled calmly"	4. "he was austere with himself"
5. "Mr Hyde was pale and dwarfish"	6. "blistered and distained"	7. "ape-like fury"	8. "fog rolled over the city"
9. "dingy, windowless structure"	10. "like some disconsolate prisoner"	11. "an expression of such abject terror and despair"	12. "his face became suddenly black"
13. "man is truly two"	14. "my devil had long been caged, he came out roaring"	15. "primitive duality of man"	

High Value Quotes



Extend your knowledge stick this into your books and annotate by answering the questions



- Who says it?
- To whom?
- Why is it said?
- When is it said?
- Why does X use it?
- What does it imply?
- What method is used?
- Are there alternative interpretations?
- How does it link to context?





Revision guides

Audiobooks

BBC Bitesize: good for key ideas and testing yourself with quizzes

Connell Guides: good for ideas – ask your English teacher if you can borrow one

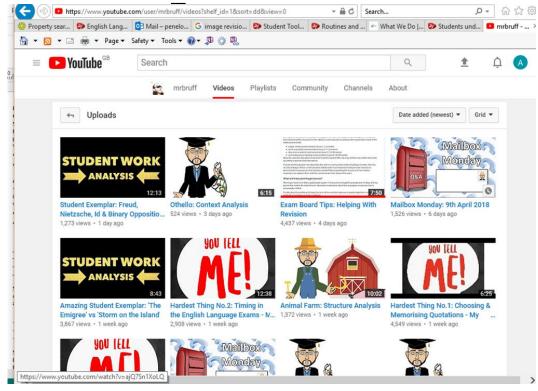
Extension reading in classrooms

15-1

High value quotes

Weekly homework is all revision based

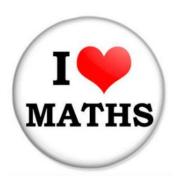
Mr Bruff
https://www.youtube.com/user/mrbruff/
videos?shelf_id=1&sort=dd&view=0



General tips

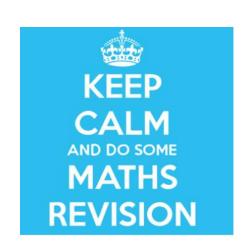
English Language	English Literature		
 Read different types of texts 	Re-read the texts		
 Use information and 	 Use revision templates on 		
guidance on firefly and in	firefly to revise character,		
your English books to revise	theme, quotes, context		
HOW to answer each • Learn non quote method			
question	(on firefly)		
Do exam questions!	Do exam questions!		

Jekyll's house is <u>symbolic</u> of his character's duality. The front entrance <u>symbolises</u> his reputation as a <u>Victorian Gentleman</u>, but the back entrance <u>symbolises</u> his darker and secret side.





Maths Revision



Half Term Revision Booklets



Please check this had been completed and brought back to school

March PPE – One calculator paper

Foundation

- Two way tables
- Recipe questions
- Probability Tree diagrams
- Standard form.

Higher

- Probability Tree diagrams
- Reverse Mean
- Product rule for counting
- Vectors



Maths Revision Page on Firefly

Year 11 GCSE Revision

Scroll down for more revision links!

Our exam board is EDEXCEL



Foundation Edexcel Papers



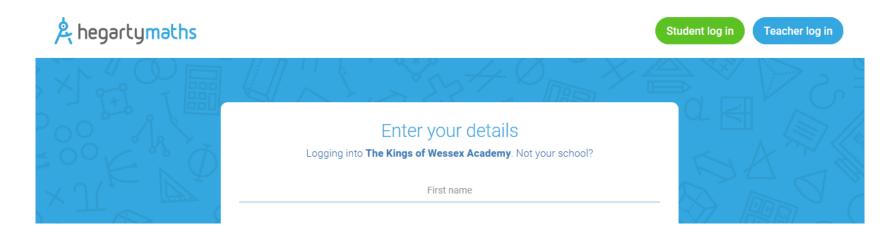






- All past papers
- Mark Schemes
- Worked Solutions
- Video Solutions

Login to Hegarty Maths







Factorise front brackets by taking out common factors.

Factorise

fully

Express



Work out

Some Washing Will be needed in

Change

suck convert from one unit to

Give a

reason

Must be close and accusate reasons. If the reasons are geometrical then make sure your provide a reason for each stage of working (if required) use correct geometric terminology.



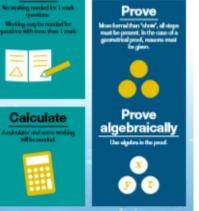




Write

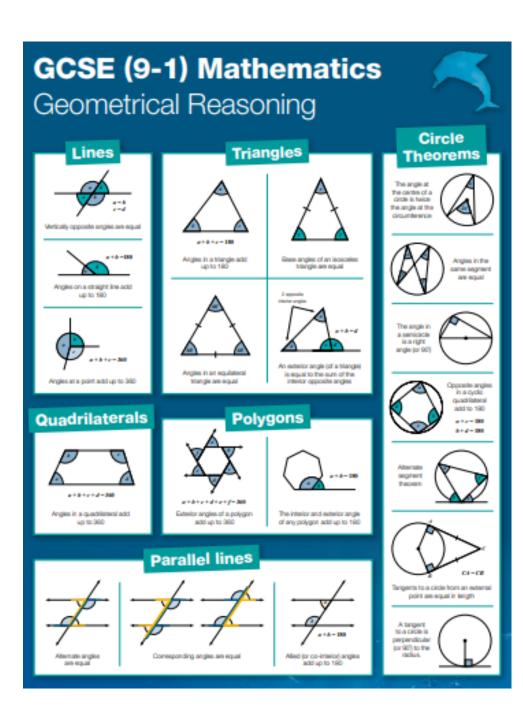
Calculate





Command Words





Geometrical Reasoning

Ways you can actively help

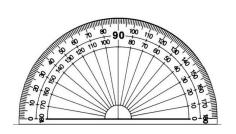


- > Test them on the formula's they need to know
- ➤ Encourage them to underline the <u>key words</u> & <u>facts</u> in the question to help work out what is needed. Ask them to think if drawing a picture would help?
- ➤ Get them to explain to you how to do a question on an exam paper.



➤ Check they have marked questions they have answered when revising and **corrected any mistakes** or made a note of the question to ask their teacher.

Equipment Needeu KINGS





Scientific Calculator



Protractor



Compass



Ruler



HB Pencil

Rubber



How to revise Science

The problem with science!

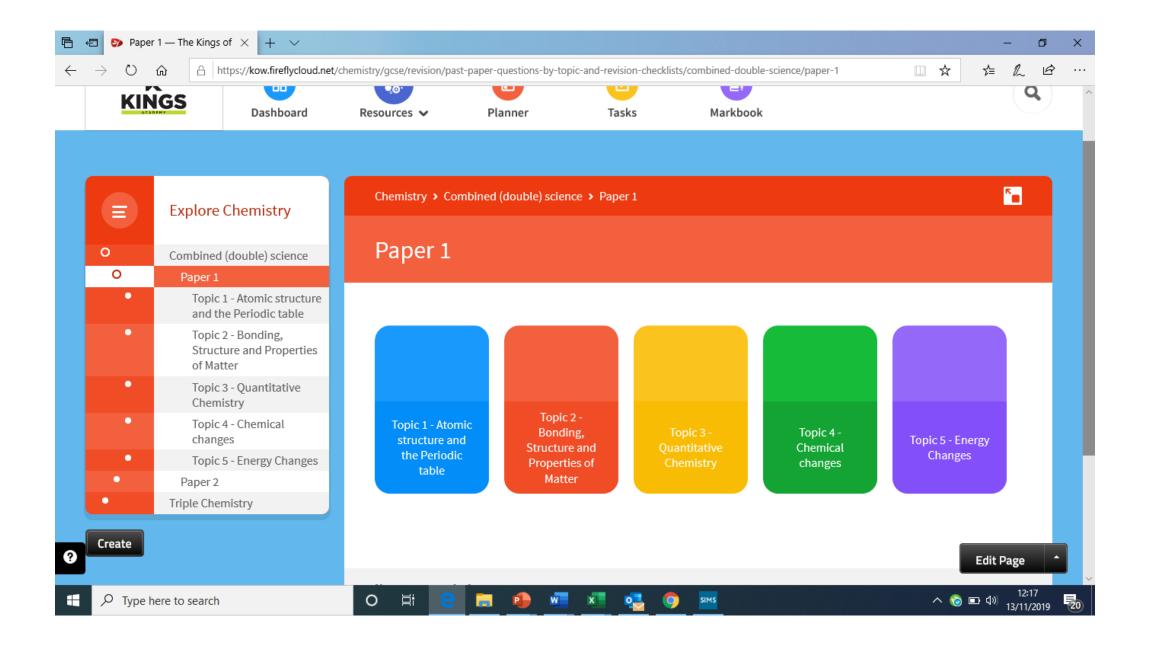
 The Science curriculum contains a large amount of content split into 3 distinct subjects. Chemistry, Biology and Physics.

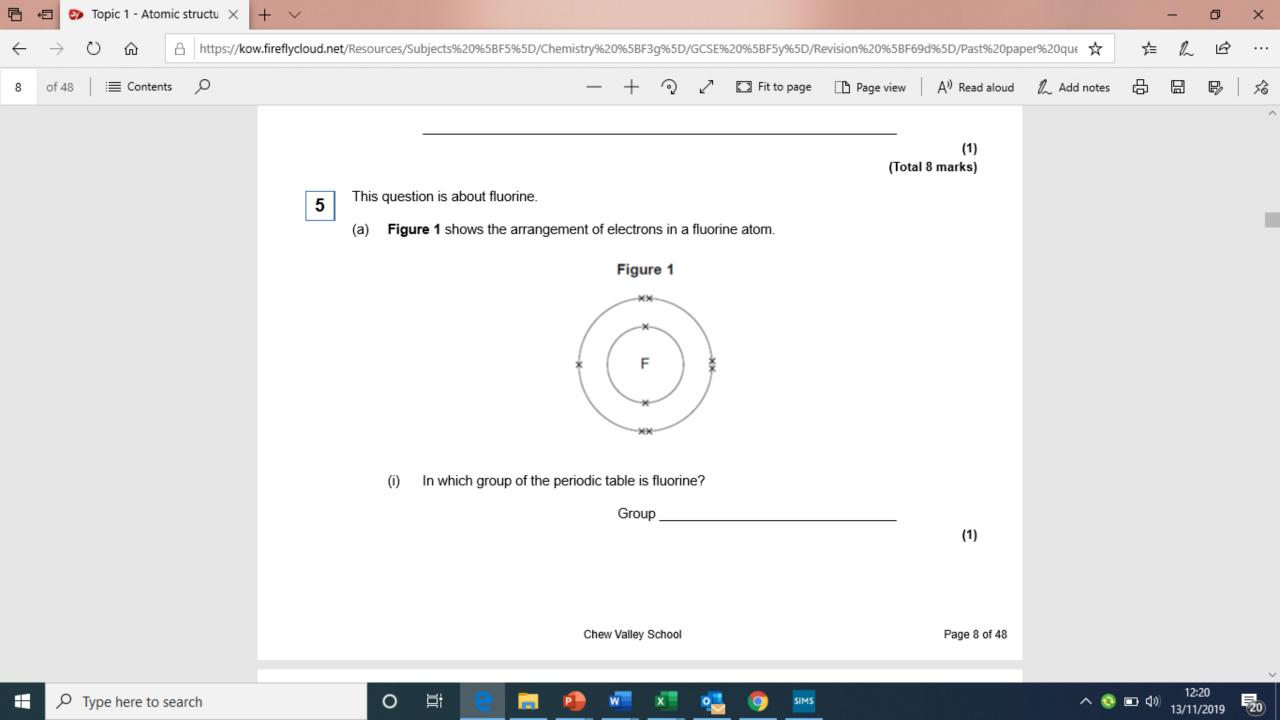
 Although lots of the content of each subject is linked it doesn't necessarily follow lesson by lesson!

Lots of lessons focus on one concept at a time.

	Beginning			Tick on Completion
15	27 January	CHEM – Topic 1 Atomic structure and the Periodic table.	 Briefly read through the contents of Topic 1 – pages 12-26 in your revision guide. Complete Topic 1 revision checklist on Firefly. Identify misunderstanding and briefly work through them. Briefly read through the Revision questions in revision guide (page 27) Topic 1 past paper questions on Firefly. 	Completion
		BIO – Topic 1 Cell Biology	 Briefly read through the contents of Topic 1 – pages 11-25 (Combined science students don't need 16/17) in your revision guide. Complete Topic 1 revision checklist on Firefly. Identify misunderstanding and briefly work through them. Revision questions in revision guide (page 26) Topic 1 past paper questions on Firefly.	
		PHY – Topic 1 Energy (1st part)	 Briefly read through the first part of Topic 1 – pages 11-17 (Combined science students don't need 16/17) in your revision guide. Complete Topic 1 revision checklist on Firefly. Identify misunderstanding and briefly work through them. Revision questions in revision guide (page 23) Topic 1 past paper questions on Firefly.	
14	3 February	CHEM – Topic 2 Bonding, structure and the properties of matter.	 Briefly read through the contents of Topic 2 – pages 28-39 (Combined science students don't need 38/39) in your revision guide. Complete Topic 2 Revision checklist on Firefly. Identify misunderstanding and briefly work through them. Revision questions in revision guide (page 40) Topic 2 past paper questions on Firefly. 	

- The science revision plan has split each subject into smaller topics.
- These are based on the topics in the revision guide.





Kings of Wessex Academy Mr Parfitt log out

Reactions of acids with bases or carbonates

Reduce contrast

Exit

Slide 1 of 6

Next slide

All alkalis are bases, but bases aren't always alkalis

Show all lines

When an acid dissolves in water, it releases hydrogen ions (H+) into the solution.

The H⁺ ions are what makes the solution acidic.

When an alkali dissolves in water, it releases hydroxide (OH-) ions into the solution.

As a result, the solution becomes **alkaline**.

Supporting Students

Subject 15 to 1 guide

- Subject Resources Firefly and guides
- Retrieval and recall tutor questions
- Easter revision (TBC)
- Subject revision sessions term 3,4 and 5
- Mentor meetings week commencing 27 Feb
- ETT revision in core subjects
- Assemblies every other week
- PPEs in some subjects 15 March onwards
- Speaking exams and practical exams
- Exam briefing (exam guide on website)
- Exams start Week commencing 8 May
- PEP talks (year 11) prior to actual exam





GCSE 15 - 1 30 January – 15 May 2023

