Wessex Learning Trust
We Learn Together!

Parenting In the digital age

A practical session to support parents of teenagers. Topics to be covered include:

- *Setting up family friendly web connections (broadband and 4G)*
- *Enforcing child/parent accountability when setting up devices*
- *Social media: benefits and boundaries*
- *Online gaming: suggestions for safer play*

Kings of Wessex Academy
Wednesday 1 March
5:30pm to 7:00pm

Register: https://forms.office.com/e/TNPE3WZ7Bu

Today's children are digital from before they're even born

23%

of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%

of children have a presence online by the age of two

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

By age eight, kids begin to consume online media on a regular basis

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

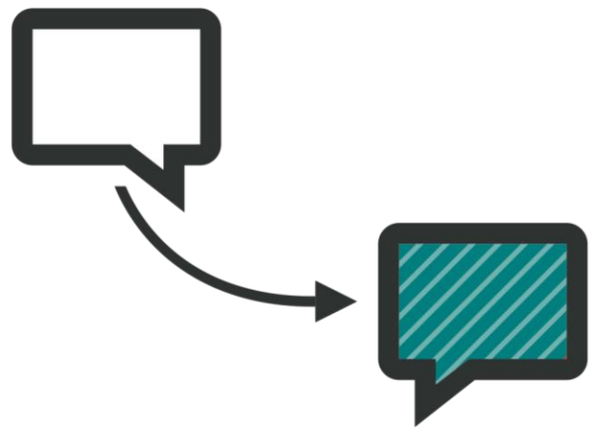
57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

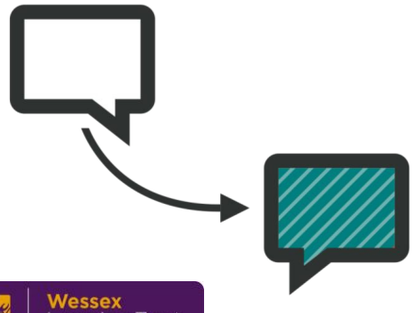
63%
of children get their first smartphone before they start secondary school

44%

13%

Since 2012, the number of eight- to 11-year-olds using tablets has grown from 13% to 44%

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

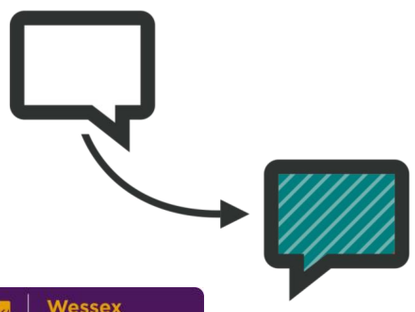
While they're surfing, they're also learning new skills...

Researchers say social media enhances 21st-century skills including communication, creativity, collaboration, leadership abilities and technological proficiencies

...but, being savvy doesn't come with common sense

19% delete their internet history
12% have amended settings to use their browser privacy mode
6% uninstall filters designed to stop certain websites being visited

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



44%

13%

Since 2012, the number of eight- to 11-year-olds using tablets has grown from 13% to 44%

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

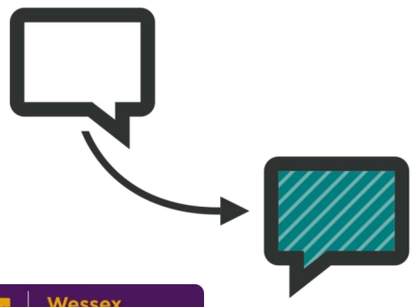
63%
of children get their first smartphone before they start secondary school

83%
of four- to 11-year-olds have to follow rules when using a smartphone, tablet or computer, including:

Which websites they can visit
=81%

How long they can be online for
=72%

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



44%
13%
Since 2012, the number of eight- to 11-year-olds using tablets has grown from 13% to 44%

While they're surfing, they're also learning new skills...

Researchers say social media enhances 21st-century skills including communication, creativity, collaboration, leadership abilities and technological proficiencies

...but, being savvy doesn't come with common sense

19% delete their internet history
12% have amended settings to use their browser privacy mode
6% uninstall filters designed to stop certain websites being visited

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

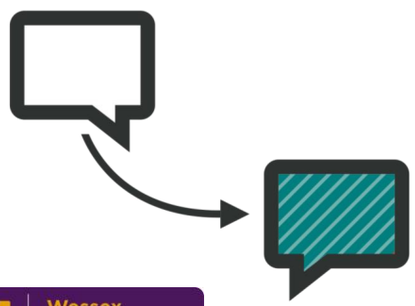
83%
of four- to 11-year-olds have to follow rules when using a smartphone, tablet or computer, including:

Which websites they can visit
=81%

How long they can be online for
=72%

Nearly a third of all parents feel they need more support when it comes to internet safety

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



44%

13%
Since 2012, the number of eight- to 11-year-olds using tablets has grown from 13% to 44%

While they're surfing, they're also learning new skills...

Researchers say social media enhances 21st-century skills including communication, creativity, collaboration, leadership abilities and technological proficiencies

...but, being savvy doesn't come with common sense

19% delete their internet history
12% have amended settings to use their browser privacy mode
6% uninstall filters designed to stop certain websites being visited

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Today's children are digital from before they're even born

23%
of UK kids begin their digital lives in-utero, with parents uploading their scans online

73%
of children have a presence online by the age of two

57%
of four-year-olds in the UK use tablets and smartphones

1 in 10
children are given their first mobile before they're five years old

74%
of eight- to 11-year-olds have access to an iPad or other tablet at home

63%
of children get their first smartphone before they start secondary school

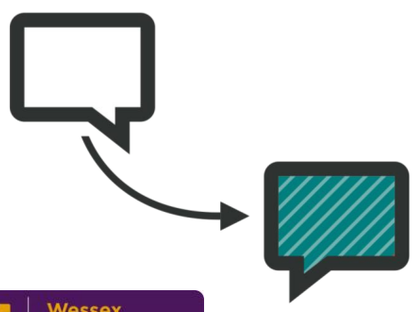
83%
of four- to 11-year-olds have to follow rules when using a smartphone, tablet or computer, including:

Which websites they can visit
= 81%

How long they can be online for
= 72%

Nearly a third of all parents feel they need more support when it comes to internet safety

289
The number of texts sent on smartphones each week by 12- to 15-year-olds (or just over 41 every day)



44%

13%
Since 2012, the number of eight- to 11-year-olds using tablets has grown from 13% to 44%

While they're surfing, they're also learning new skills...

Researchers say social media enhances 21st-century skills including communication, creativity, collaboration, leadership abilities and technological proficiencies

...but, being savvy doesn't come with common sense

19% delete their internet history
12% have amended settings to use their browser privacy mode
6% uninstall filters designed to stop certain websites being visited

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Questions:

What concerns do you have?

What do you want to achieve?

What do you think are appropriate to achieve

When do you plan to begin interventions?

Part One

Appropriate Web Filtering

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

9:41
Tuesday
12
Mail
Calendar
Photos
Camera
Maps
Clock
Weather
News
Home
Notes
Stocks
Reminders
TV
App Store
iTunes Store
iBooks
Health
Wallet
Settings

SAMSUNG

PS4

Search
SMART HUB
Facebook
Netflix
Hulu Plus
YouTube
Skype
SAMSUNG
Samsung Apps
Explore 3D
Your Video
Family Story
Fitness
YOUR YOGA
YOUR SITUP
Kids
Web Browser
USA TODAY
Twitter
Pandora
MOG Music
AllShare Play
ESPN ScoreCenter
AccuWeather
Vimeo
Samsung SPSN
A Login
B WallPaper
C Account Manager
Tools
Return

SMART HUB

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

NINTENDO
SWITCH
X
Y
A
B

SMART HUB

Connect through School Network Connection

Connect through Home Connection

Connect through 3G/4G Connection

Connect through Friend's Broadband/Public WiFi

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Protect the Device: Because the device can be used on a variety of networks, some filtered and some not.

Protect the Network Connection: Because not all devices have great filtering controls ~ and savvy children may find a way around if the controls are not tight.

Educate the Child: Because unprotected devices and and network infrastructures will come their way.

4G/5G Filtering:

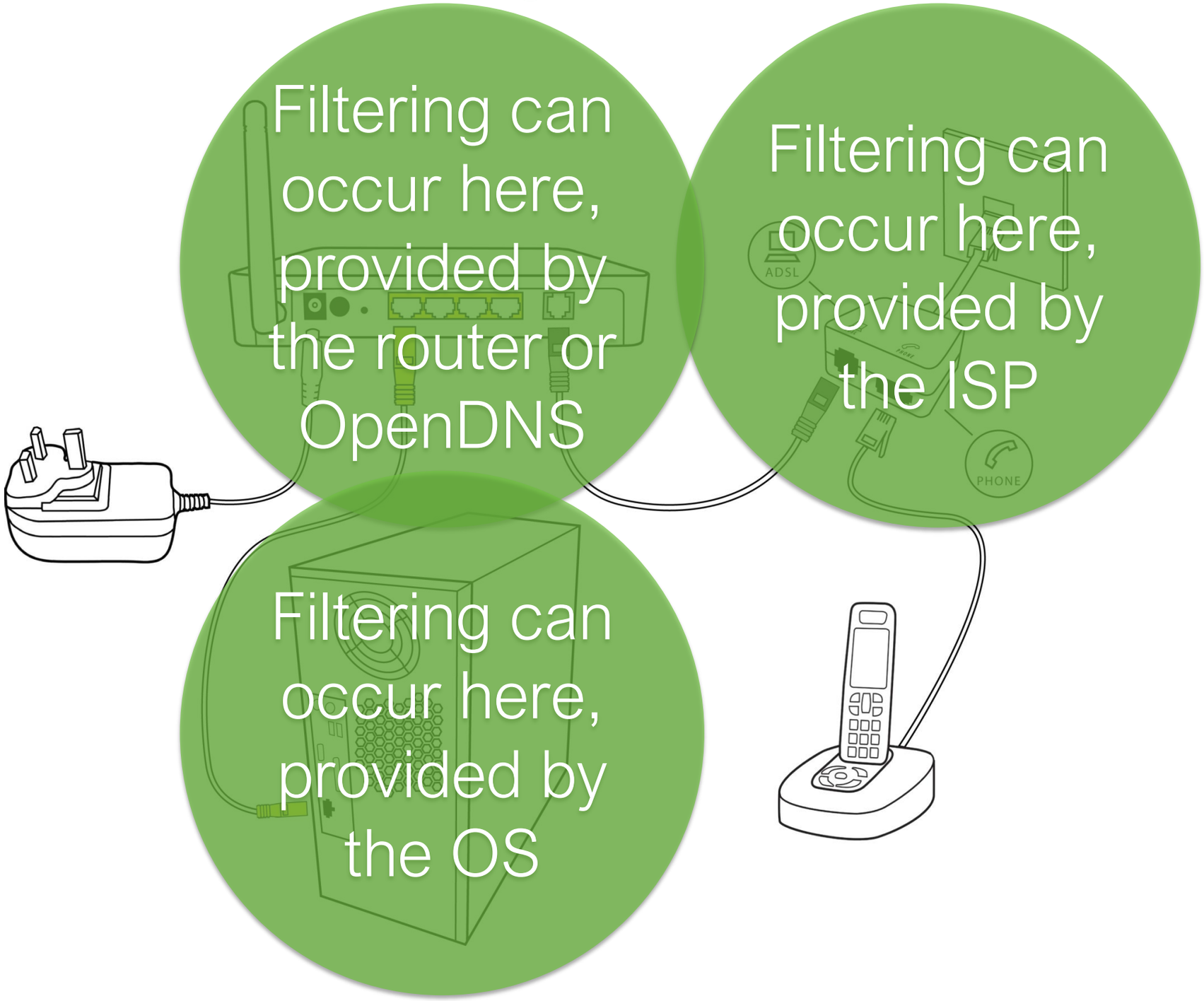
- All British Mobile phone companies ship their SIMs - both for PAYG and contract - with child friendly filters on.

- *NB*: Although this is a positive step (in my view) no filter is ever totally perfect. Education and communication remains vital.

- Consider the implications of passing an old PAYG SIM or contract to your child.

- To review your settings visit the Account settings on your providers website, or drop into a store.

Home Broadband Filtering:



ISP Filtering

- At present there is a political debate as to whether ISPs should turn Parental Controls on by default upon connection. At the moment there is no requirement for them to do so and different providers have different policies.

PROS

- High quality filters
- All devices on that line protected
- Usually fairly easy to control via ISP website

CONS

- All or nothing for all devices ~ no differentiation between users or devices

Router Filtering

- It is technically possible to use any router to filter web content - either by built in protocols (fairly rare in free devices) or by using OpenDNS. If the phrase OpenDNS scares you then you probably don't want to use router filtering!

PROS

- Usually quite flexible with a lot of options
- OpenDNS used by 1 in 3 schools in the USA
- All devices protected

CONS

- Actual line remains unfiltered (only a problem for parents of major geeks!)
- Potentially quite daunting

OS Filtering

- When it comes to the family desktop or laptop PC or Mac there are built in Parental Controls that are worth using. If they are to be reliable then, as parents, you must retain ownership and authority over the devices and keep your passwords secret.

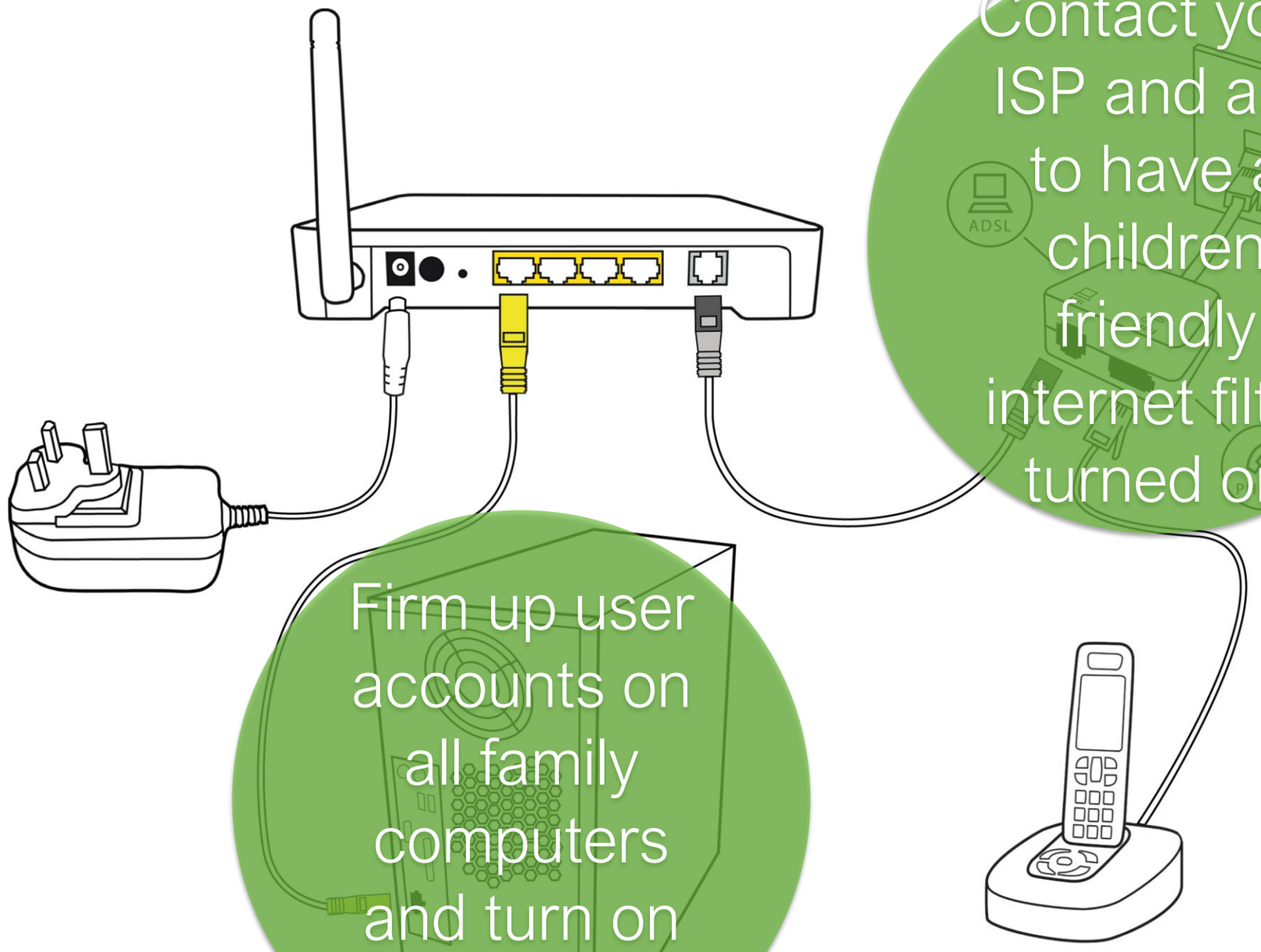
PROS

- Usually quite flexible with a lot of options
- Can we tweaked for different age groups and users

CONS

- Only one device protected
- Immediately compromised if you share password information with your child
- Not all devices have this option

Recommendations

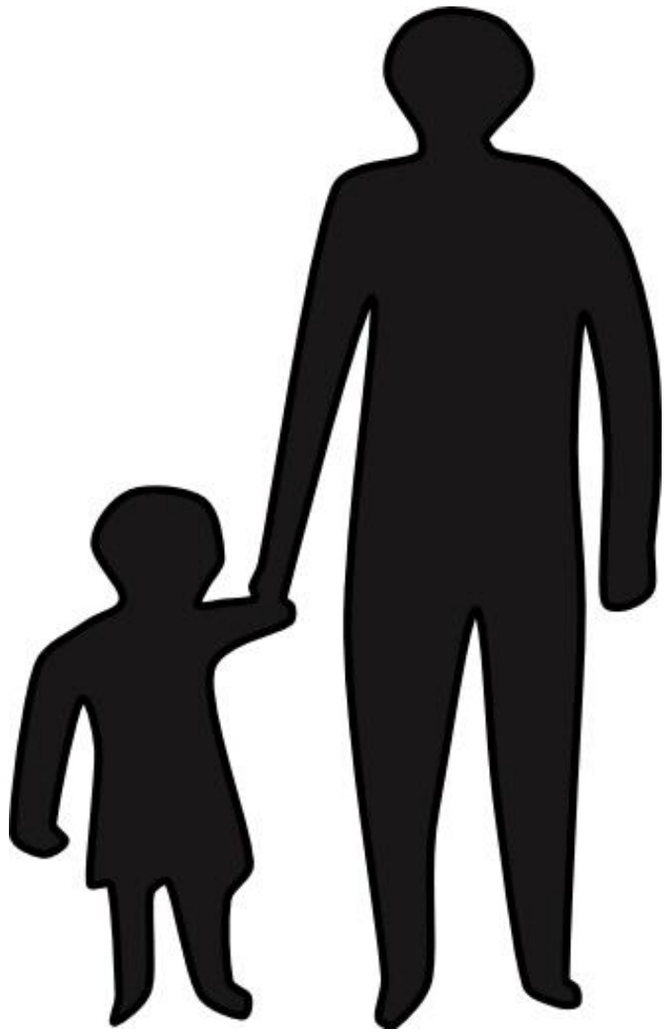


Contact your ISP and ask to have a children friendly internet filter turned on

Firm up user accounts on all family computers and turn on filters

How to set up filters:

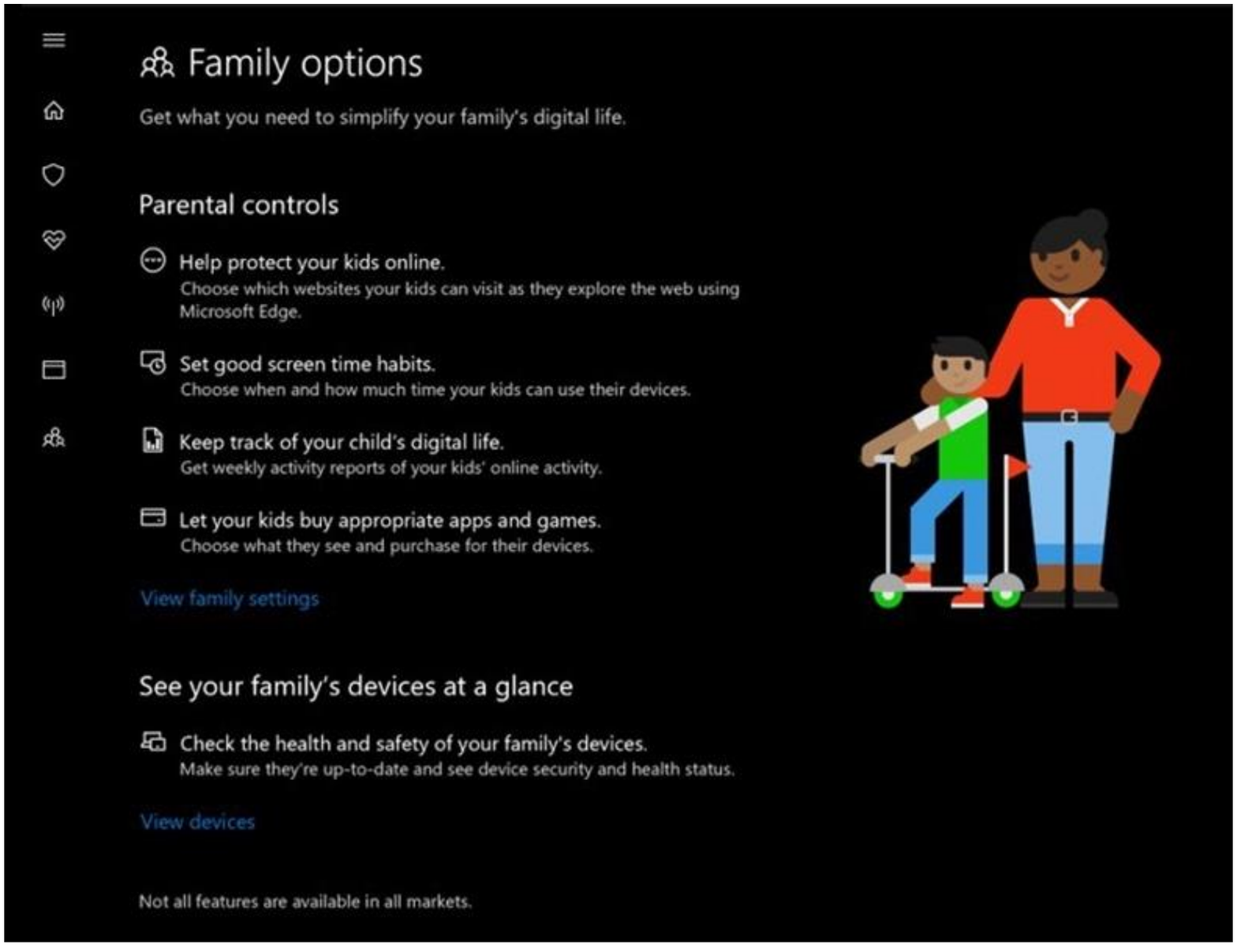
Step 1 ~ Sort out User Accounts



Standard User Administrator

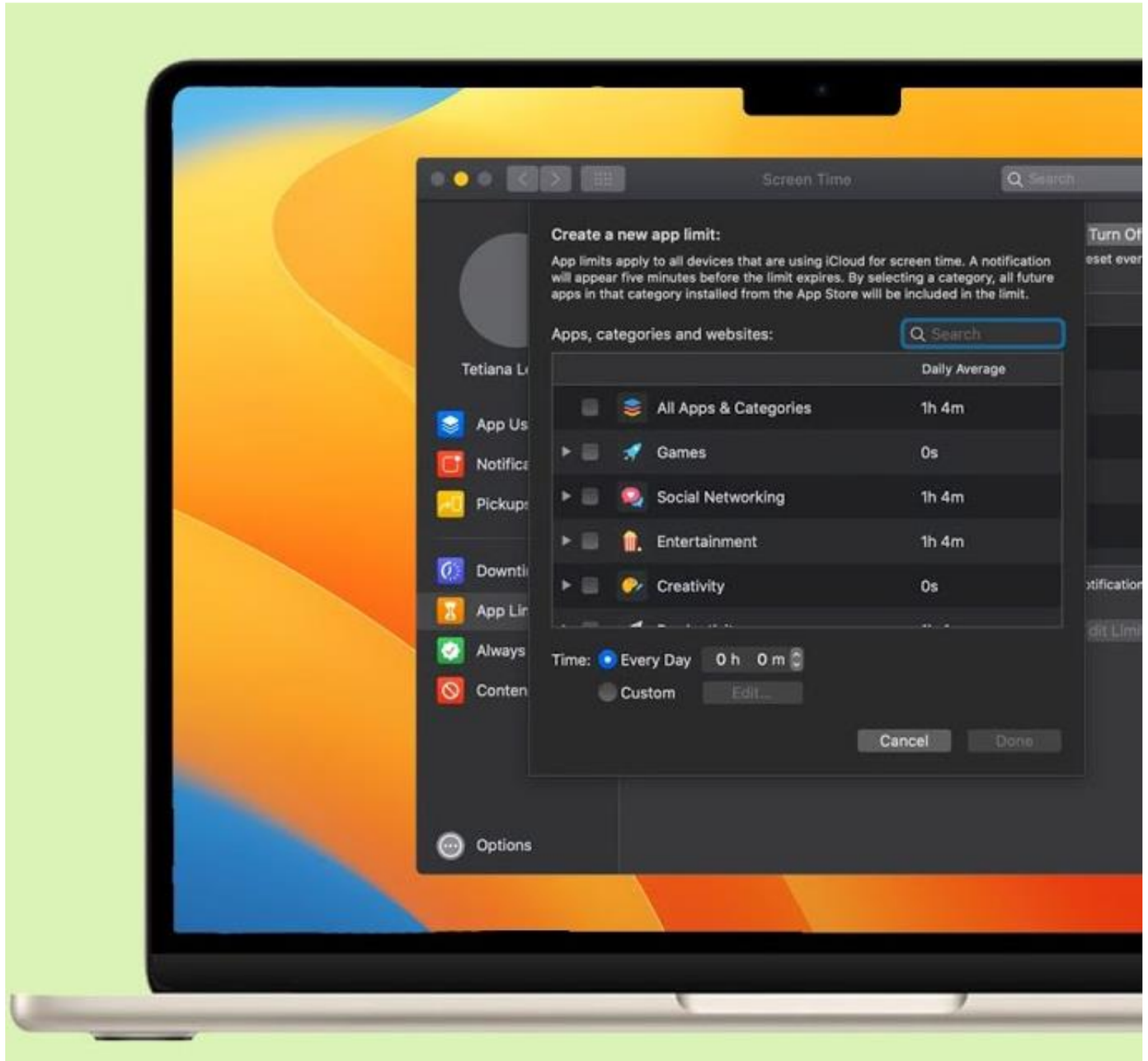
How to set up filters:
Step 2 ~ Turn on Filtering and set level

Windows 10/11: Set up family accounts. Make sure passwords are secure.



How to set up filters:
Step 2 ~ Turn on Filtering and set level

Mac OS X



Connect through School Network Connection

Connect through Home Connection

Connect through 3G/4G Connection

Connect through Friend's Broadband/Public WiFi

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

9:41
Tuesday
12
Calendar
Photos
Camera
Mail
News
Weather
Clock
Maps
Reminders
Stocks
Notes
Home
App Store
Books
TV
App
Health
Wallet
Settings

SAMSUNG

	iOS	Android	Windows Phone	BlackBerry
Built in web filtering	✓	Additional app	✗	✗
Limit features such as calls, texts and camera	✓	✓	✗	✓
Restrict content purchased/viewed through store	✓	✓	✓	✓
Maturity filtering for store	✓	✓	✗	✗
Restrict WiFi/3G/4G	✓	Additional app	✗	✓

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Connect through School Network Connection

Connect through Home Connection

Connect through 3G/4G Connection

Connect through Friend's Broadband/Public WiFi

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

A final word on filtering ~ Google Safe Search

> Safe Search is a safety net to prevent ‘accidents’ ~ like my Mum’s first ever web search!

> Safe Search needs to be set up for every browser and every account.

> A savvy teenager will be able to turn off Safe Search, but it is idea for general integrity in the family.

Part Two

Online Gaming & Viewing

Connect through School Network Connection

Connect through Home Connection

Connect through 3G/4G Connection

Connect through Friend's Broadband/Public WiFi

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

	Switch	PS 5	XBox
Set a Console Safety Passcode	✓	✓	✓
Restrict games by age	✓	✓	✓
Set a Family Timer	✓	✓	✓
Customise online and privacy settings	✓	✓	✓

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Connect through School Network Connection

Connect through Home Connection

Connect through 3G/4G Connection

Connect through Friend's Broadband/Public WiFi

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Part Three

Digital Boundaries

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

Under 5 years Old

The Big Issues

Create boundaries and rules for the amount of time your son or daughter can spend online. It's never too early to start putting limits in place.

The Basics

Choose an appropriate homepage on your family computer or tablet – for example, bbc.co.uk/cbeebies

Worth checking

The educational apps, games and TV shows on offer for pre-school children, and the age ratings and descriptions for them.

Talk it through

Share your technology rules with grandparents, babysitters and older siblings, so that they stick to them when they look after your child or use the family computer.

And finally….

The rules and conversations you have now will set the tone for your child's internet use as they get older.

6 - 9 Years Old

The Big Issues

Compile a list of websites they're allowed to visit, and make sure they know why some websites are safer than others.

The Basics

Set parental controls on internet browsers by creating a user account for your child with appropriate settings. Check out Google's safesearchkids.com for stress-free browsing.

Worth checking

The apps installed on tables and devices used by older children or adults in the family

Talk it through

Discuss the benefits and limitations of using the web to help with homework and other
school work

And finally….

Other parents at your child's school are a source of information. Chat to them about how they help their children manage the digital world, and make sure you're all on the same page.

Thanks to vodafone

https://www.vodafone.co.uk/newscentre/smart-living/digital-parenting

co.uk/newscentre/smart-living/digital-parenting/digital-parenting-pro

Wessex Learning Trust
We Learn Together!

KINGS ACADEMY

10 - 12 years old

The Big Issues

Discuss online privacy and the information they shouldn’t share as they use the internet increasingly for homework and socialising.

The Basics

Make rules for the length of time they can spend on games consoles, tablets and smartphones, as well as the computer.

Worth checking

The kind of language and acronyms used by children in chat rooms. Make sure you know what to look out for. Head to netlingo.com for help demystifying cryptic ‘teenspeak'.

Talk it through

Give the reasons behind boundaries, time limits and parental controls, and be prepared to start re-evaluating the restrictions in line with your child’s maturity.

And finally….

Tablets and games consoles shouldn’t become a regular ‘babysitter’.

‘Teenspeak’ Detour

ASL

Stands for ‘age, sex, location’. This could mean your child is using an anonymous chat room.

POS or MOS

Means ‘Parents over shoulder’ or ‘Mum over shoulder’.

CD9

Similarly, CD9 means ‘code nine’, which implies parents are around

KPC

KPC, which stands for ‘keep parents clueless’.

IRL

Stands for ‘in real life’ – worrying if your child is using it in the context of meeting someone they have met online, i.e. MIRL (‘meet in real life’) or LMIRL (‘let’s meet in real life’).

PRON

A deliberate misspelling of ‘porn’, to try and get round a web search being detected by automatic filtering systems

For more information go to www.netlingo.com

13+

The Big Issues

Explain the pros and cons of social media now they have reached the age at which they can sign up for an account.

The Basics

Agree a budget for things like apps and music. Giving them control of their own spending money can be useful, but make sure your kids know how to manage their money responsibly.

Worth checking

The online privacy settings of social media accounts. Set up your own account to get a feel for it.

Talk it through

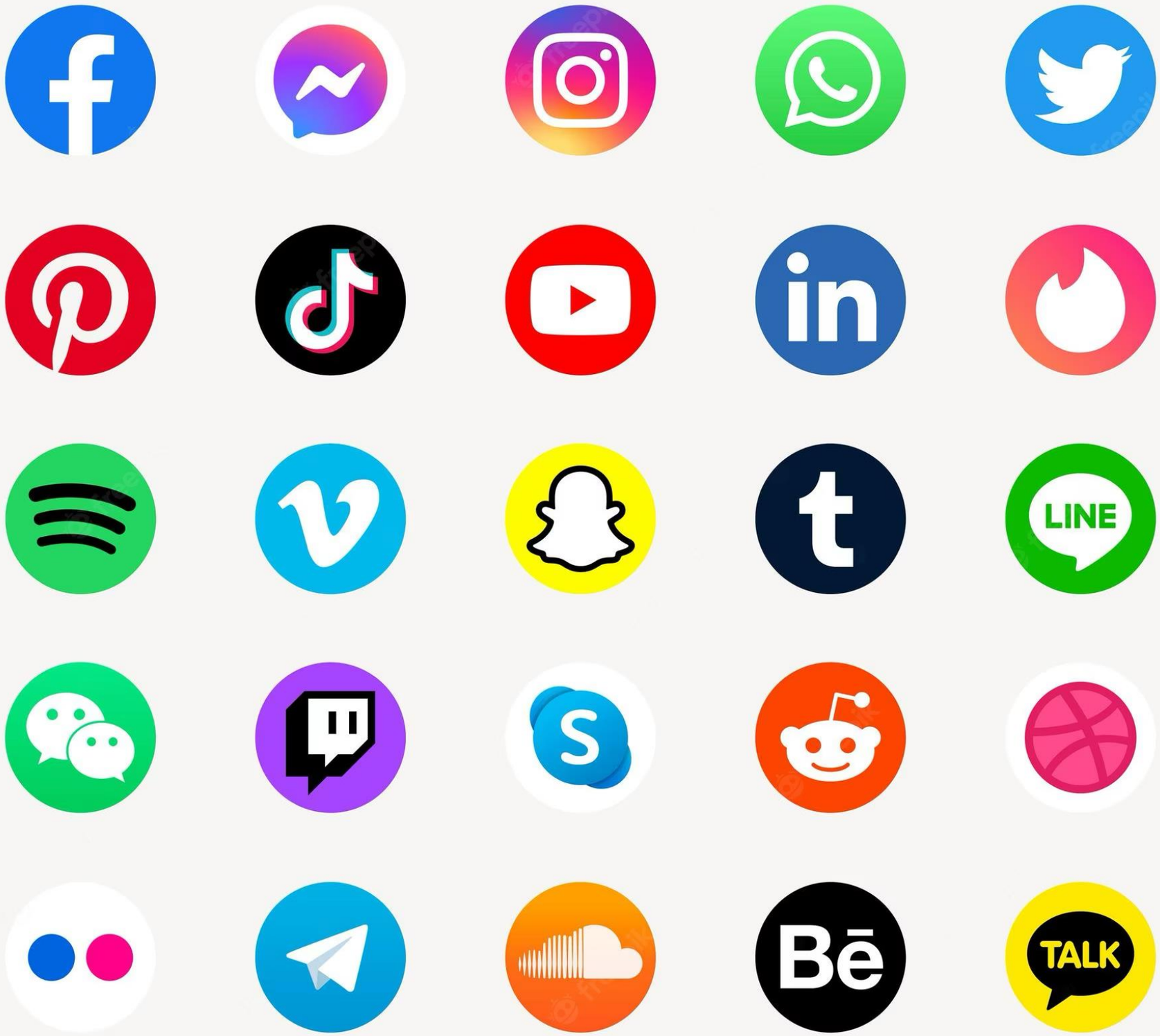
Explain the dangers of sharing pictures and personal details online. And don’t shy away from difficult subjects such as pornography, bullying and sexting. Childline’s website can help: childline.org.uk/explore/bullying

And finally….

Technology will be second nature to your child by now. Try to stay up to date with new technology, social networks and websites. Techmums.co is full of useful information.

Part Four

Social Networking Controls


LINE
TALK

Part Five

ractical Family arrangemer

Things to consider

Location of devices
Device control
Device looking
Conversations - time, tone and topic
Trust and boundaries
Graduated response
Filtering
Remote control

Thanks to vodafone

“The issue isn’t just about
“How will you advise your
“Future employers will treat
“Future teenager, one what’s
“Parents will be careful
“Parents will be careful
“Parents will be careful

Wessex Learning Trust
We Learn Together!

Parenting In the digital age

A practical session to support parents of teenagers. Topics to be covered include:

- *Setting up family friendly web connections (broadband and 4G)*
- *Enforcing child/parent accountability when setting up devices*
- *Social media: benefits and boundaries*
- *Online gaming: suggestions for safer play*

Kings of Wessex Academy
Wednesday 1 March
5:30pm to 7:00pm

Register: https://forms.office.com/e/TNPE3WZ7Bu