

- **Q What is PSHE and Citizenship?**

Personal, social, health and economic (PSHE) education is a core curriculum subject which develops the knowledge, skills, and attributes all pupils need to keep healthy and safe and to prepare them for life and work (citizenship) in modern Britain.

- **Q Why study PSHE and Citizenship?**

It is a legal requirement of all schools in the United Kingdom to offer (RSE) Statutory Relationship and Sexual Health education, as part of PSHE provision (2020). The subject enables young people to be equipped for their adult life, *"promoting the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, preparing them for the opportunities, responsibilities and experiences of later life, while fulfilling a duty to keep pupils safe."* 2002 Education Act.

- **Q Is PSHE/Citizenship a GCSE?**

No, but it is a core curriculum subject and provides crucial curriculum time to support students with their physical, social, and emotional development.

- **Q How much curriculum time is given to PSHE and Citizenship?**

Two hours per fortnight in Year 9 and one hour per fortnight in Year 10, with it being part of the Tutor Program in Year 11 and Sixth Form.

- **Q Are students set in PSHE and Citizenship?**

No, students are taught in mixed ability groups and are provided with write on worksheets and booklets, which are a mixture of information and active learning tasks. Topics are considered with sensitivity, with the aim of sharing facts and views in a non-judgemental, safe environment. Students actively engage with British values and our Kings' Core values; gaining greater awareness of oneself, relationships with others, and the world in which we live.

- **Q What is in place to safeguard students?**

Any concerns about the safety or wellbeing of our students are followed up using our safeguarding procedure.

- **Q What resources are used to support learning?**

Lessons are planned and resourced with reference to professional organisations and support agencies. Our resources are shared with staff using one drive and with students using ClassCharts and the Firefly PSHE-Citizenship page, as well as our wellbeing and mindfulness pages which include helpful information on topics studied, and link to support agencies and accessible services available to them in school and in the community.

- **Q What enrichment opportunity is available?**

Our dedicated PSHE Days, Key Skills Days and Focus Days include visiting speakers and awareness workshops, giving students the opportunity to explore their thoughts, gain knowledge and

confidence in areas such as personal health, self-care, wellbeing, the protected characteristics of law, active citizenship, work skills, and employability.

- **Q How does PSHE and Citizenship provide active Citizenship?**

Linking to our Theme of The Week, and the Tutor Program there is a regular opportunity for students to participate in House activities and competitions. Students also are made aware of Human Rights and the Rights of the Child, through community action and are encouraged to get involved in charity events. Global organizations are referenced, and global campaigns are promoted. Students are empowered to take responsibility with the annual involvement of the British Youth Parliament and 'make your mark' voting. Students are also encouraged to attend UNICEF Rights Respecting meetings and be a Tutor Group Rights Respecting ambassador.