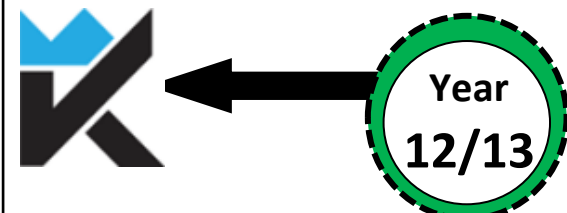


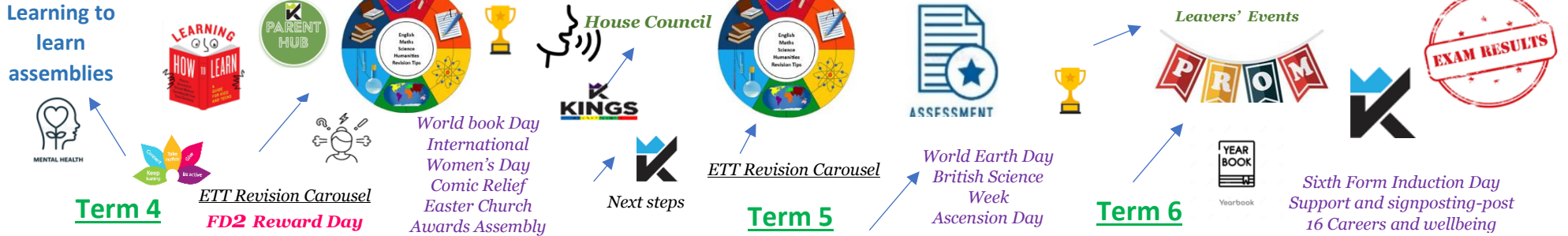
The PSHEE, Citizenship, and the Tutor program intent is to develop the whole learner, providing you with the knowledge and skills to make healthy life choices to 'believe and succeed.' The content allows you to actively engage with our Kings' core values and British values covering a broad range of topics including sexual health, mental health, physical wellbeing, the protected characteristics of law, active citizenship, work skills, and employability. Engaging with and living out your rights and the rights of others to develop as rights respecting thinking citizens, empowered with life skills for today and for the future.



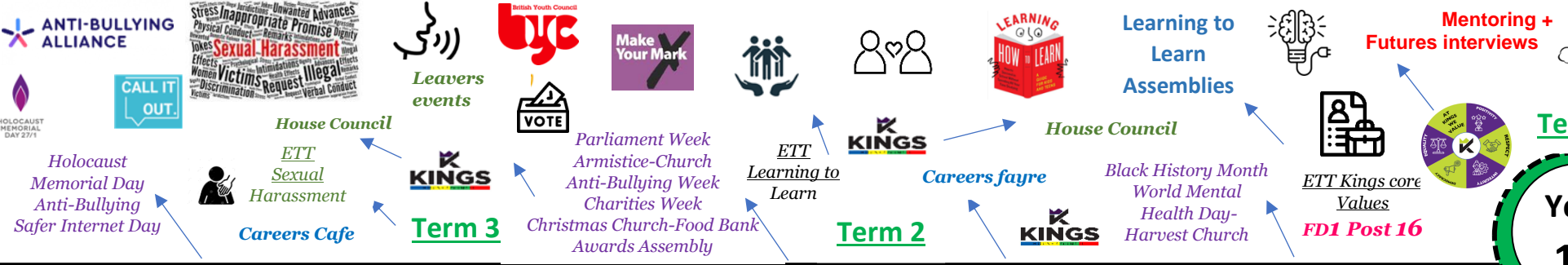
### Our PSHEE and Personal Development Curriculum Journey



Learning to learn assemblies



ANTI-BULLYING ALLIANCE



**4. PSHEE: Health and Wellbeing**  
Managing loss (bereavement) and safeguarding health during periods of transition/change. Drugs and Alcohol misuse-support FGM

**5. PSHEE/CZ: Living in the Wider World**  
Communities, belonging, and Human Rights-Laws Challenging discrimination and Racism- Knife Crime

**6. PSHEE/CZ: Living in the Wider World**  
Identity and self-perception-aspirations? Poverty Financial decisions



**3. PSHEE: Health and Wellbeing**  
Being Health Aware (Screening/breast, testicular, teeth...other) Vaccination, and immunity First AID

**2. PSHEE: Relationships RSE**  
Keeping safe online, STIs refresher, Contraception and Pregnancy Grooming and criminal/sexual exploitation-county lines

**1. PSHEE: Relationships RSE**  
Relationship pressures Consent-Coercive and controlling relationships. Sexting and sharing nudes. Pornography and the law.



**4. Citizenship: Rights and Responsibilities**  
Living in Britain, values, 2010 Equality Act Rights and responsibilities within the legal system How laws protect citizens and deal with criminals Human Rights and British Values The Media and Free Press Bringing about change in the legal system.

**5. PSHEE: Living in the Wider World**  
The teenage brain-risks and choices Addiction and dependency-gambling/gaming Smoking and Vaping- Keeping safe online E safety

**6. Citizenship: Life in Modern Britain**  
Money: Budgeting credit and debt Tax and National insurance, Mortgages, savings, pensions. Responsible consumerism Ethical consumerism Business and Enterprise



**3. PSHEE: Health and Wellbeing**  
Healthy Me physical/emotional health The teenage brain-sleep-memory Emotional well-being- managing worry/stress. Understanding Mental health conditions and challenge Eating disorders and body dysmorphia

**2. Citizenship: Politics and Participation**  
Political power in the UK- Where does political power reside? The relationship between the institutions, and the role of MPs. How do others govern themselves? How citizens work together to improve communities through political change, activism, and voting.

**1. PSHEE: Relationships RSE**  
Respectful relationships, relating to ourselves and others. Positive friendships-assertiveness and managing peer pressure. Bullying and cyberbullying and keeping safe online. Exploitation and abuse, identification, help, and support. Sexual harassment. Sexual relationships love and affection, Consent. Sexual health-Contraception and STIs.



Year 11 Register and Read: Journals and articles from 'The Day'.

Year 10 Register and Read: 'Iridescent Adolescent' and 'Diversity Shorts'

Year 9 Register and Read: 'A change is going to come' and 'Tasting light'.

Years 7/8 Fairlands: CZ lessons, Health week HSMS: Jigsaw PSHEE Curriculum linked with Christian School Values. Picture News CZ Tutor Programme. Thinking school.

Welcome to PSHEE-CZ Personal Development at Kings!