

November 2023

Dear Parents/Carers

I am writing to inform you about the curriculum for this Academic Year in **PSHEE: PERSONAL, SOCIAL, HEALTH, ECONOMIC, EDUCATION**. PSHEE is delivered to students as a timetabled fortnightly lesson in Years 9 and 10 and as an integral part of our whole school Tutor Programme.

Topics are divided into three themes, over the three main school terms:

1. **RSE-Relationships and Sex Education**
2. **Health and Wellbeing**
3. **Living in the wider world**

Each Year group follows the same theme with content taught, revisited, and built upon. PSHEE is delivered by teaching staff and content is age-appropriate and fitting to their personal development over time, while also fulfilling our statutory Relationships and Sex Education duty. Government guidance on this can be found [here](#) and our RSE school policy can be found [here](#). PSHEE is delivered through discrete lessons, assemblies and Focus events, all of which support and develop the individual learner. External agencies also enrich our curriculum, whether that be through signposting, workshops, and events such as our recent Focus days, Mental Health Awareness Week and Careers Fair.

- PSHEE Curriculum Intent and curriculum maps for each year can be viewed [here](#)
- The Tutor Programme overview for this term is displayed below:

Year 9	Year 10	Year 11
<p>TERM 1: SEPTEMBER - OCTOBER PRIDE VALUES: UNICEF RIGHTS RESPECTING Students are introduced to the importance of Children’s rights and the UNCRF. Exploring what it means to be a Silver Rights Respecting School. FOCUS DAY 1: Workshops delivered on the school PRIDE values and external visits from KOOOTH (Young People’s Mental Health Support Service) and Zain motivational singer. TERM 2: NOVEMBER - DECEMBER BLOOM WELLBEING AND MENTAL HEALTH PROGRAMME Students follow a supportive programme created by the organisation BLOOM, to help them manage feelings associated with school, friendships, and resilience through life’s transitions.</p>	<p>TERM 1: SEPTEMBER - OCTOBER SCHOOL PRIDE VALUES: Tutor time workshops explore the importance of each School PRIDE value and highlight the school expectations and opportunities. FOCUS DAY 1: Tutor-led sessions on work skills, health and safety, and career guidance on selecting and applying for work experience. TERM 2: NOVEMBER - DECEMBER CAREERS AND EMPLOYABILITY Tutor time workshops explore and develop the skills needed for future careers.</p>	<p>TERM 1: SEPTEMBER - OCTOBER PSHEE: PRIDE VALUES FOCUS DAY 1: Students had a taste of post-16 courses and education at Kings Sixth. TERM 2: NOVEMBER - DECEMBER L2L-LEARNING TO LEARN Tutor time workshops and assemblies will help provide skill students with the techniques required for effective study, while also providing science about how the brain works and self-care strategies to ensure positive mental health and wellbeing towards study and exams.</p>



The Kings of Wessex Academy, Station Road, Cheddar, Somerset, BS27 3AQ • 01934 742608 • office@kowessex.co.uk • www.kowessex.co.uk

Tutor Programme Years 9 to 13

Students follow a Tutor programme that is geared towards supporting them with PSHE, Study Skills, Careers and Learning to Learn mentoring. The House System is strengthened through the Tutor Programme which enriches each House culture and ethos. Charity events and awareness days are highlighted and participated with, such as our recent World Mental Health week which raised money for national mental health service ‘Young Minds.’

House Ethos and Student Leadership:

Our student House Representatives and House Council are passionate about leading change as Global citizens and members of a [Rights Respecting school](#). They have some great ideas for school improvement, Community involvement and Charity events.

I hope that you will continue to support Kings Academy in having important conversations with your children about what they are learning in PSHEE, the Tutor Programme, Focus and House events, and help address any questions that may arise in the wider curriculum.

This Term our Tutor Programme focuses on the ‘**Kings Core values, Positivity and Respect**’, whether that be by supporting each other in friendship, reaching out to seek support or guidance from others, or reaching out to achieve our personal goals. Reaching out also fits with our planned Tutor activities and additional events and focus listed below, as well as publicised on our Twitter feed:

Tutor Programme Term 1 (Positivity)			Tutor Programme Term 2 (Respect)		
Yr.9 ETT	Yr.10 ETT	Yr. 11 ETT	Tr.9 ETT	Yr.10 ETT	Yr.11 ETT
PRIDE values	PRIDE values	PRIDE values	BLOOMs Workshops	Employability	LTL Revision-PPE Exams
LIT-Reading	LIT-Reading	LIT-Reading	LIT-Reading	LIT-Reading	LIT-Reading
House activities: Student council, BHM month, CMHW events and wear yellow/fundraising -SPACE. Focus day 1: PRIDE V (9) Employability (10) Futures (11) Competitions: Library and House/House fundraising			House activities: Student council, Armistice, KOW Charities week, Children in need, Anti-bullying week- White ribbon Day- UK Parliament week-Christmas Cheddar Food Bank. Competitions: Library and House/House fundraising		
7-week term TOTW: WB Sep 4: Welcome-collaboration WB Sep 11: Enrichment-Attitude (Freshers fayre) WB Sep 18: Democracy-Liberty (Positive voice) WB Sep 25: Development-Value (MHW) WB Oct 2: Diversity-Identity (BHM) WB Oct 9: Harvest-Growth WB Oct 16: Perspective-Memory Church services: Harvest			6:5-week term TOTW: WB Nov 2: Return- Gratitude WB Nov 6: Respect-Legacy-UK Parliament week (Democracy) WB Nov 13: Friendship-Agape WB Nov 20: Narrative Resume WB Nov 27: Awareness-Psyche WB Dec 4: Community -case study WB Dec 11: Expression-Glory Church services: Armistice/Christmas/Term WS assembly		

If you have any questions or have any ideas, please email the office on office@kowesex.co.uk.

Yours sincerely

Jake Caulfield – Assistant Headteacher

Louise Jory – PSHEE Lead



The Kings of Wessex Academy, Station Road, Cheddar, Somerset, BS27 3AQ • 01934 742608 • office@kowesex.co.uk • www.kowesex.co.uk

