



Results, Revision and Resilience

Year 11, 12 and 13
23 April 2024

Results Celebration



Exam Results Day



- A level Results Day – Thursday 15 August
- GCSE Results Day – Thursday 22 August

BELIEVE AND SUCCEED

Effective Revision

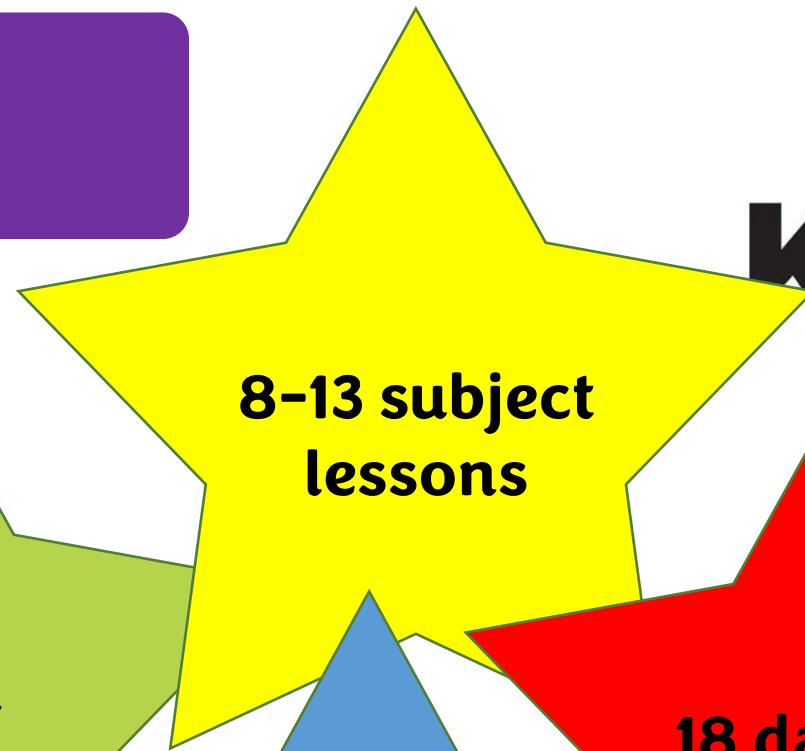


Revision and
focus – now
is the time!

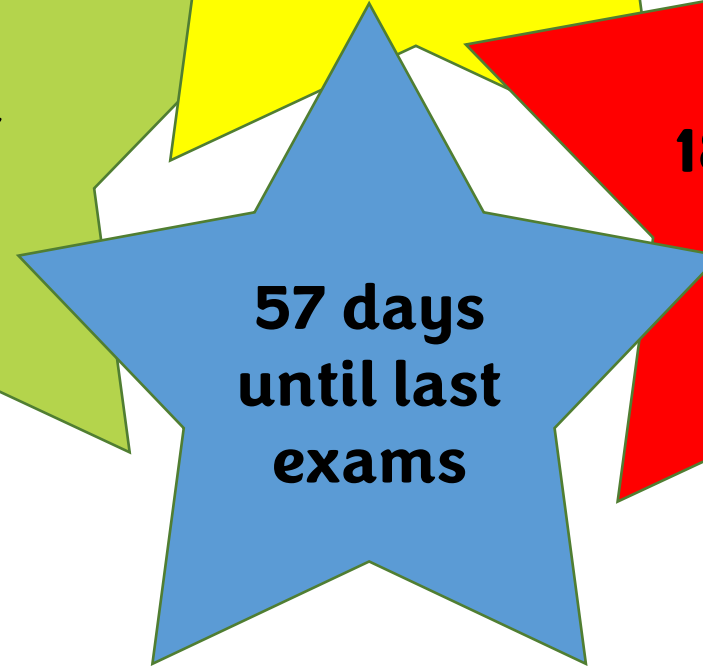
It can be
done!



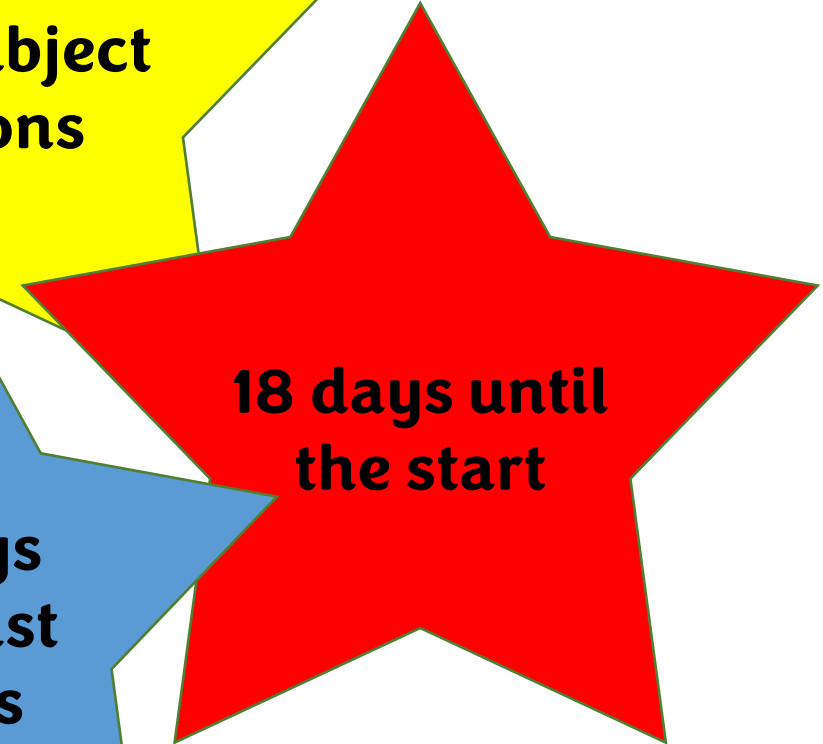
3 school
weeks



8-13 subject
lessons



57 days
until last
exams



18 days until
the start

BELIEVE AND SUCCEED

Ineffective techniques?

- Reading through notes or text books – covers lots of ground quickly (but little is recalled)
- Highlighting – maybe of use to ‘highlight’ important points to come back to, but of little use by itself
- Making notes and summarising – needs to be done well before it is effective. Lots of people simply copy.

Active Recall

Cognitive Effort

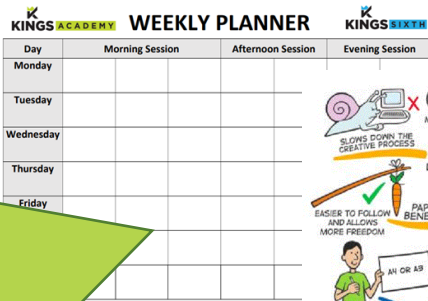
You've spent the last 18 months putting information into your brains. To be as successful as possible you need to get it back out again.

- Make notes with the book closed. Study a topic area, but then try and recall as much information as you can without referring to the notes. Then go back and see what you've missed.
- Create spider diagrams as you recall the knowledge trying to link the concepts together
- Instead of making notes as you revise material, write down questions instead – you can then come back and answer them at a later date
- Past papers – even use to pre test yourself prior to revising a certain topic to discover areas of weakness. Sometimes we get demoralised if we get stuff wrong – but getting it wrong is one of the best ways to learn
- Mnemonics and stories – Spend time making up your own mnemonics for lists and relate events in a sequence with a familiar journey or story.

BELIEVE AND SUCCEED

Effective Revision

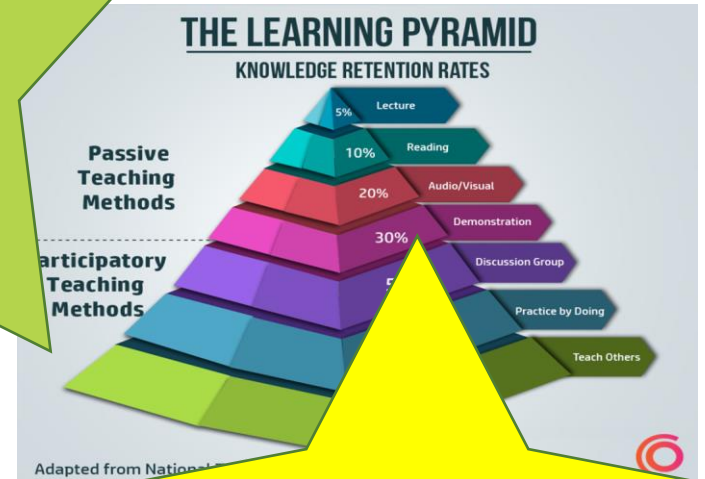
1. Plan your time!



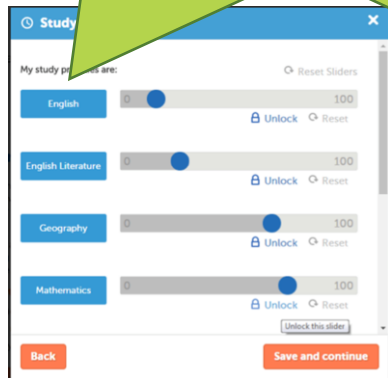
Day	Morning Session	Afternoon Session	Evening Session
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			



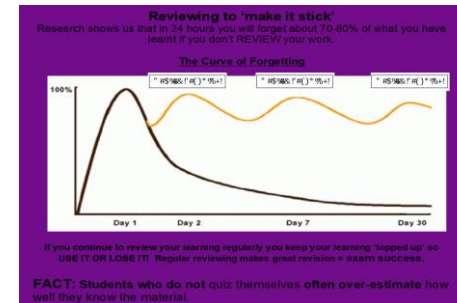
3. Make it Active!



2. Stay Organised!



4. Revise, Review, Repeat!



Effective Revision

The perfect learning environment

Quiet, comfortable, warm room

Well ventilated

Comfortable chair

Spacious desk

Books and files to hand



No clutter

Well lit

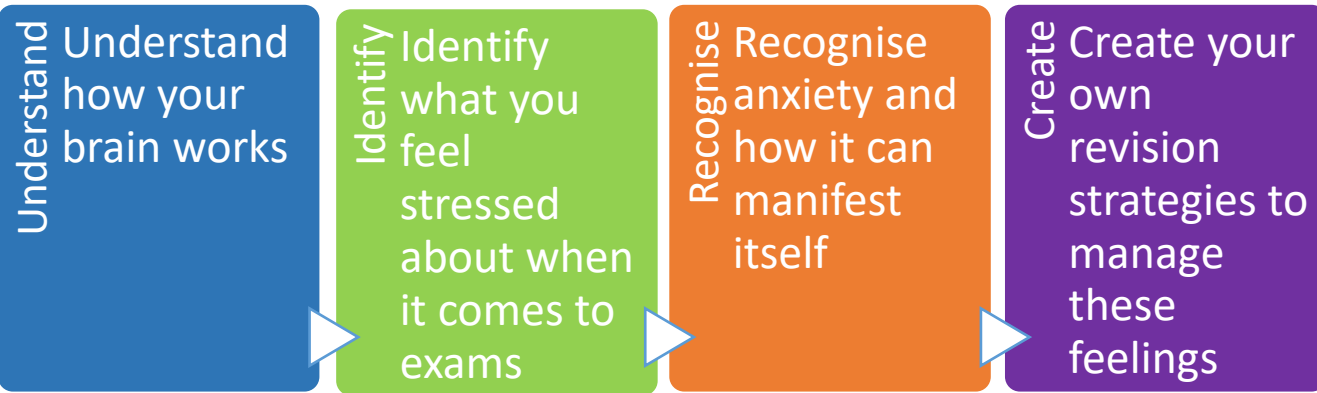
No interruptions

No distractions - TV, music, e mail, phone

Get the
environment
right!

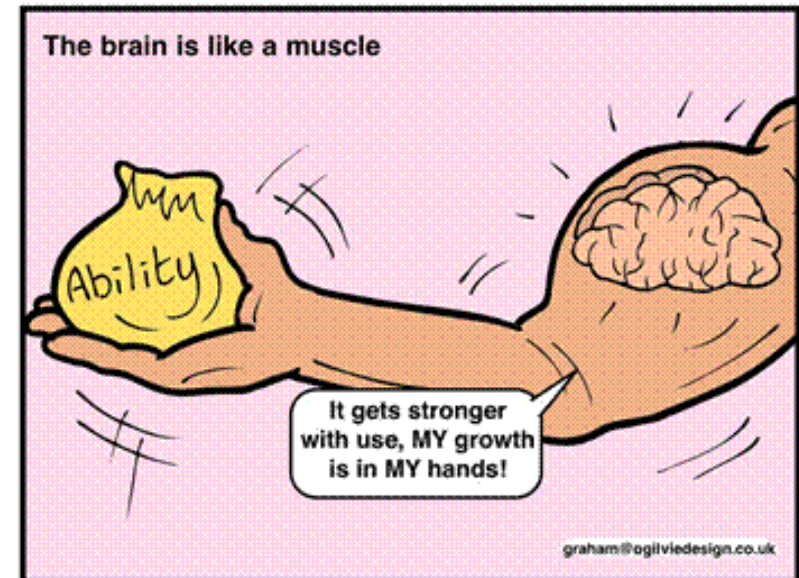
Resilience

Extended period of time to focus, concentrate and perform.



Every time we learn something we change our brain.

The brains of students are being worked hard at the moment, so let's make sure they are looked after!

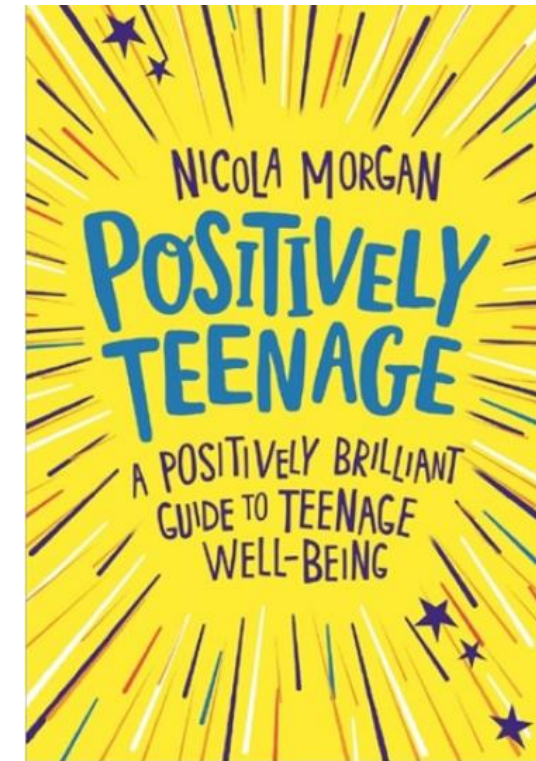
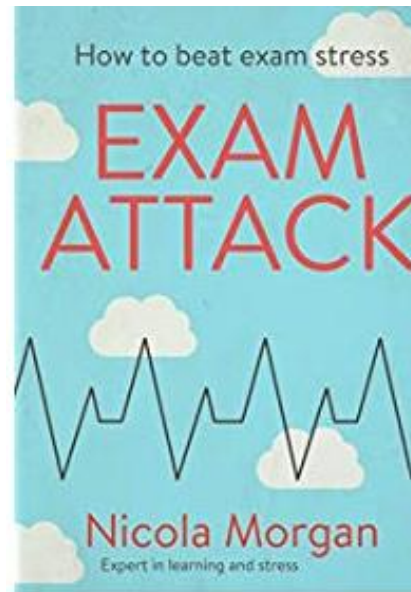
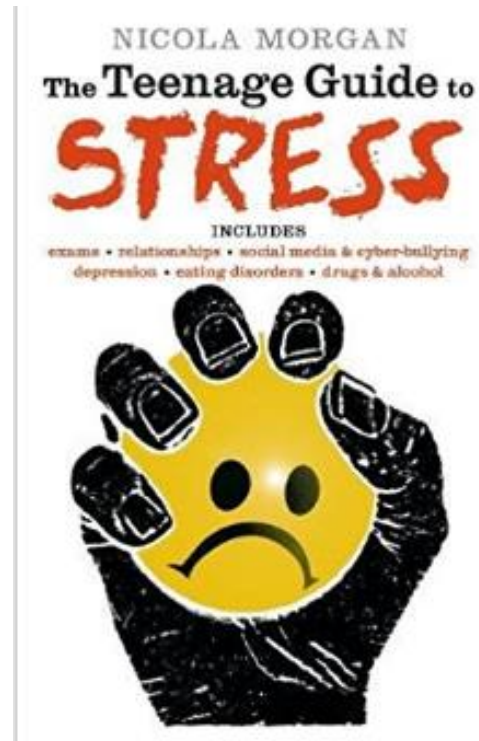


- **Don't fight it** – feeling nervous is natural and trying too hard to overcome it may prove to be counterproductive. Accept that controlled nervousness will not negatively impact your performance
- **Be realistic** – we'd all love to be Superman and get our revision done in 5 minutes, but it isn't going to happen. Working 24 hours a day won't help either. Create a manageable revision plan that you can stick to in the real world.
- **Expect difficulty** – exams are designed to challenge and everyone taking the test will struggle to some degree!
- **Tackle self-doubt** – be realistic and optimistic about your capabilities. Visualise yourself staying composed and thoughtful during the exam. The worst thing you can do is assume you are doomed from the start!

Resilience



Recommended Guides:



Results – Reminder



The examination timetable runs **9 May 2024 – 26 June 2024**. The timetable is available on the website, personalised timetables will be distributed as appropriate. The 26 June is a contingency day, students must remain available.

The confirmed results days are

- **15 August A level and Level 3**
- **22 August GCSE and Level 2**

Results – Key Dates



- **Easter revision 11 – 14 April and 19-22 April**
- **Year 11 mentor meetings – last round finishing off**
- Year 11 revision sessions – continue from before Easter 18 March to 3 May
- Speaking exams, practical exams (Art, Music, Performing Arts, Photography, Textiles) – weeks commencing 22 April, 29 April and 6 May
- Exam briefings – Year 11 – 26 April, Year 12 and 13 – 25 April
- Exams start – 9 May to 26 June 2024
- PEP talks year 11 – 9 May 2024 onwards
- Year 11 full time until Friday 7 June, Year 13 until 24 May

BELIEVE AND SUCCEED

Results – Exam Rules



✓ Exam Information

Website → Students → Exams and Assessment

A screenshot of the Kings Academy website. The header is black with a 'QUICK LINKS' dropdown menu, the 'KINGS ACADEMY' logo, and social media icons for X, Facebook, and a search icon. The main content area is white. The title 'Exam and Assessment Information' is centered. Below it, the section 'Internal PPEs' is shown with two links: 'Year 11 PPE Timetable March 2024' and 'Year 13 PPE Timetable March 2024'. The section '2023/2024 Public Exam Information' follows, with four links: 'Exam Information Guide Summer 2024', 'Exam Board Information – Summer 2024', 'Summer 2024 Timetable – Level 2 BTEC and GCSE', and 'Summer 2024 Timetable – Level 3 BTEC and AS A level'. On the right side, there is a dark grey sidebar titled 'In This Section' containing a list of navigation links: 'Contacting the School', 'Year 9 Options', 'Musical Instrument Tuition', 'The Library', 'Kings' Cafe', 'Revision' (with a dropdown arrow), 'Exam and Assessment Information', 'Student Resources', and 'Tell Someone'.

BELIEVE AND SUCCEED

Results – Exam Rules



- ✓ No phones
- ✓ No smart watches or wrist watches
- ✓ No notes including on hands and arms or in pockets
- ✓ No coats, bags or hats

- ✓ Black ink
- ✓ Equipment : calculator, pen, pencil, ruler
- ✓ See through pencil case
- ✓ Clear water bottle no labels

- ✓ Organised – schedule, room, number, seat



Further Support



Year 11 and 13

- Subject 15 to 1 guides GCSE and A Level
- Easter revision
- Subject revision sessions term 5
- Mentor meetings
- PEP talks (year 11)
- Preparation breakfasts
- Tutor and mentor support

		Y11 EXAM		Lunch	Café Breakfast	PEP Talks	Cash		
DAY	A/B	DATE	09:00	10:00	11:00	11:30	12:30	13:00	14:15
MON	B	06-May	EARLY	PERIOD 1	PERIOD 2	BREAK	PERIOD 3	PERIOD 4	PERIOD 5
TUE	B	07-May							
WED	B	08-May		Promotion and Finance for Enterprise - Component 3 (2 hrs)			RE 11X supported by English		RE 11Y supported by English
							Hall		Hall
THUR	B	09-May	RE breakfast	Religious Education Paper 1 (2 hrs)		Biology PEP 11Y in lesson			Biology PEP 11X in classrooms
						English Literature PEP 11X (Hall)			
FRI	B	10-May	Biology breakfast	Biology: Paper 1 Higher (1hr 45min) Combined Science: Biology 1 (1hr 15mins)		German PEP	German student lunch	German: Listening and Reading (Foundation 1hr 20 mins, Higher 1 hr 45mins)	
						Classroom			11Y English Literature PEP (Hall)
MON	A	13-May	English Literature	English Literature: Paper 1 (1 hr 45 mins)		History PEP	Business PEP		French PEP
						Theatre	Theatre		Theatre and Hall
TUE	A	14-May	French breakfast	French: Listening and Reading (Foundation 1hr 20 mins, Higher 1hr 45 mins)		Computer Science PEP	Business student lunch	Business: Paper 1 (1 hr 45 mins)	
						IT1 and IT2			
WED	A	15-May	History breakfast	History Paper 1: Crime & Punishment (1 hr 15 mins)		Maths PEP 11X and Computer Science students	Computer Science student lunch	Computer Science: Paper 1 (2 hrs)	
						Classrooms	Match PEP 11Y (classrooms)		
THUR	A	16-May	Maths breakfast	Mathematics Paper 1 (Non-Calculator) (1 hr 30 mins)		RE PEP ALL	Early lunch ALL	Religious Education Component 2 (1 hour)	
						Theatre and Hall			Chemistry PEP 2.45-3.15pm ALL (Classrooms)
FRI	A	17-May	Chemistry breakfast	Chemistry: Paper 1 Higher (1hr 45min) Combined Science: Chemistry 1 (1hr 15mins)		Geography PEP and English Literature PEP	Geography student lunch	Geography: Paper 1 (1 hr 30 mins)	
						Theatre and Hall			English Literature PEP (non geographers) (Theatre and Hall)
MON	B	20-May	English Literature breakfast	English Literature: Paper 2 (2 hrs 15 mins)		11X Physics in lessons + German students	Sport Science student lunch	Sport Science: Reducing the risk of sport injuries (1 hr)	
						Classrooms			

Results – Next Steps

Next steps support

- Results day Thursday 15 August
- Friday 16 August

UCAS – Clearing and Adjustment Services

Applications for apprenticeships

Gap Years



BELIEVE AND SUCCEED

Results – Kings Sixth

Kings Sixth Induction Day – Tuesday 25 June 2024
(TBC)

Next steps support

- Results day Thursday 22 August
- Friday 23 August

Kings Sixth Welcome Day – September 2024

Any questions or queries? Please just ask!

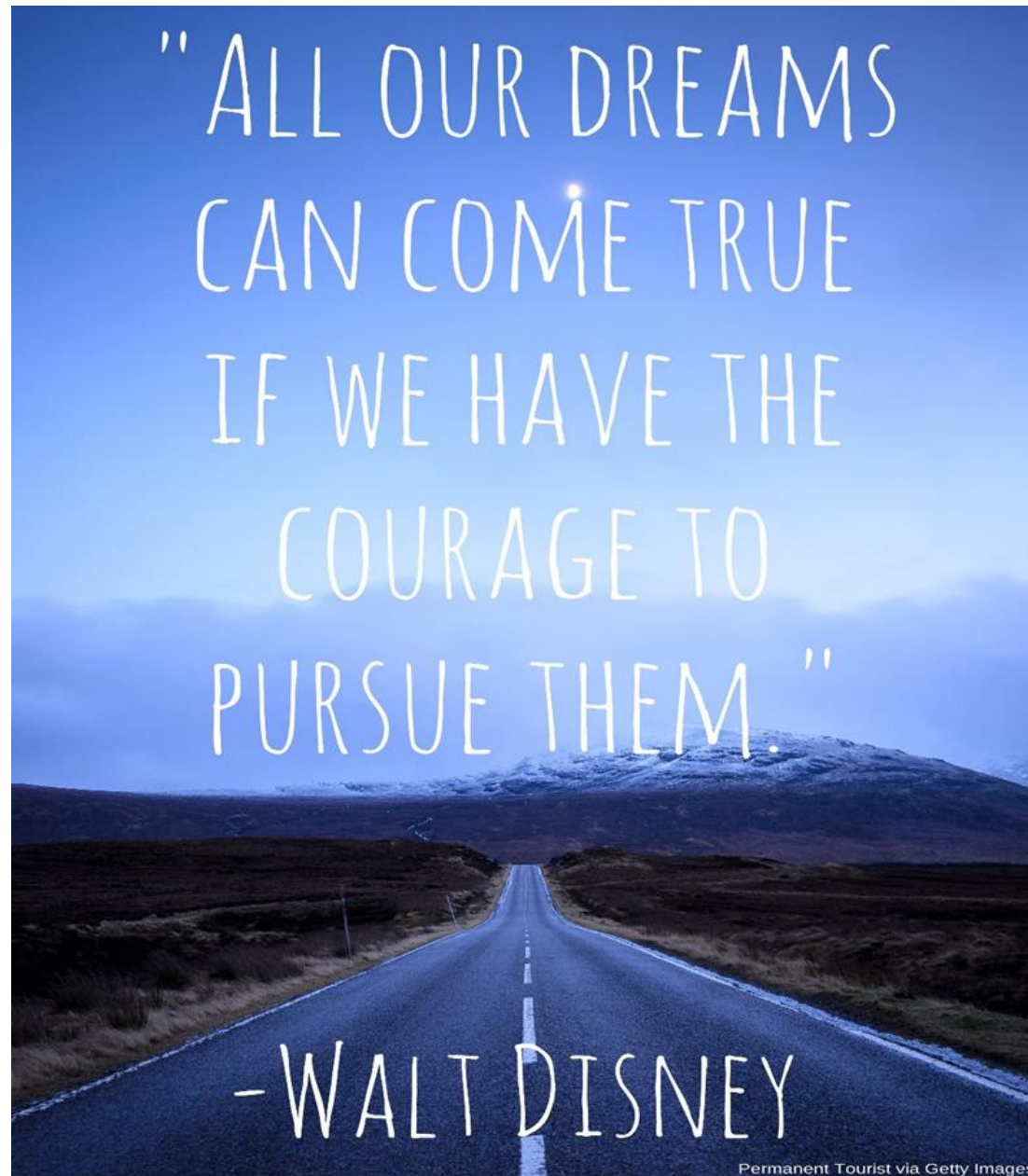


BELIEVE AND SUCCEED

How parents can help



- 1. Help plan time to relax**
- 2. Support a balanced diet and regular sleep**
- 3. Help them to manage phone distractions**
- 4. Encourage grit, resilience and perspective**
- 5. Be there when they need to talk**
- 6. Make the whole home a learning environment**
- 7. Avoid isolation in their room**
- 8. Don't compare to friends / siblings**
- 9. Respect their best effort**
- 10. LET THEM KNOW YOU'RE PROUD OF THEM**



BELIEVE AND SUCCEED