

September 2024

Dear Parent/Carer

I Curriculum at Kings Academy

I am writing to inform you about the curriculum for this Academic Year in **PSHEE: PERSONAL, SOCIAL, HEALTH, ECONOMIC, EDUCATION**. PSHEE is delivered to students as a timetabled fortnightly lesson in Years 9 and 10 and as an integral part of our whole school Tutor Programme.

We believe that promoting the health and wellbeing of our students is an important part of their overall education. We do this through our Personal, Social, Health and Emotional curriculum which is an aspect of the ICurriculum: Personal Development at Kings Academy. PSHE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. Our PSHE curriculum aims to help students make safe and informed decisions during their school years and beyond.

Relationships, Sex and Health education (RSHE) is the statutory element of our PSHE curriculum, and all schools in England are required to teach RSHE in Secondary Schools. We teach these lessons part of our timetabled PSHE lessons, Tutor Time and Focus Days. This will include topics such as naming body parts, families, online safety, puberty, babies and birth, relationships and communication skills, pregnancy, contraceptives, prevention of HIV/AIDS and other sexually transmitted diseases, prevention of sexual abuse, FGM, body image, sexting and social media, pornography, and consent. During these lessons, students will be able to ask questions, which will be answered factually in an age-appropriate manner. Each student's privacy will be respected, and no one will be asked to reveal personal information.

RSHE is a statutory subject and although Parents/Carers can withdraw their child from the Sex Education element, we want to assure Parents/Carers that our ICurriculum is taught in an age-appropriate manner and provides students with the time to ask questions in a safe environment and ultimately receive information, rather than hearing content second hand or via online platforms. In the 21st century, students are exposed to so many incorrect messages about their bodies, relationships and expectations. The prevalence of sexual images on social and other media makes it important that all students have a place to discuss pressures, check facts, dispel myths and ultimately feel safe.

RSHE is a carefully planned curriculum and is there to ensure our students can navigate the world around them safely. An un-informed child is often a child left vulnerable, and we want to empower our students here at Kings Academy.

Parents/Carers are the most important educators of children and young people in personal issues and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. Further information about the content and delivery of RSHE can be found in our [RSHE policy](#) and our [PSHE curriculum webpage](#). All materials used are available for you to browse through should you so wish.

Yours sincerely



Mrs L Jory

Subject Lead for PSHE



POSITIVITY



RESPECT



INTEGRITY



DEMOCRACY



EQUALITY

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