

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
speciality	Chicken Katsu Curry	Bacon & Macaroni Cheese	Hand carved Roast Beef with Yorkshire Pudding	Chicken & Vegetable Pie	Chipped Shop Battered Fish
Vegetarian meal	Creamy spinach and mushroom bake	Vegetable Kiev's with sauté potatoes	Broccoli mushroom pasta bake	Vegetable kebab's	Red pepper and brie tart
Potato/ rice Vegetable	boiled rice Seasonal vegetables	Vegetable pasta Seasonal vegetables	Roast potatoes Seasonal vegetables	Buttered potatoes Seasonal vegetables	Wedge potatoes Seasonal vegetables
Mix & match pasta, rice jacket bar	See separate menu				
Filled Bread selection	At least 2 x vegetarian 2 x meat /fish per day				
Salad shakers	Range of vegetable/fruit/pasta-based salads with chicken, tuna ham, cheese toppings				
pudding of the Day	Peaches and cream	Apple & raspberry crunch crumble	Chocolate treacle sponge	Apple & sultana crumble	Chocolate bread & butter pudding
Cold desserts	A range of daily cold desserts including fresh fruit, fruit shakers ,jelly, cheesecake,& yoghurts.				
Beverages	A range of juices, milk drinks and fresh smoothies				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Speciality	Beef Tikka Masala	Meatball in a Rich Tomato Sauce	Hand Carved Roast Turkey with cranberry sauce	Kofta Shepherds Pie	Oven Baked Breaded Fishcakes
Vegetarian meal	Stuffed beef tomatoes	Macaroni cheese	Mixed bean and pepper pancakes	Mushroom with goats cheese frittata	Vegetable stir fry with egg rice
Vegetable/ potatoes	Seasonal vegetables Wholegrain rice	Seasonal vegetable Garlic bread	Seasonal vegetables roast potatoes	Seasonal vegetables Spicy baby wedges	Seasonal vegetable Chipped potatoes
Pasta bar	Mix & match pasta, rice and jacket potato bar see separate menu				
Filled rolls sandwiches	At least 2 x vegetarian 2 x meat /fish per day				
Salad shakers	Range of vegetable/fruit/pasta-based salads with chicken, tuna ham, cheese toppings				
pudding of the Day	Apple crumble	Bread & butter pudding	Pear tarts	Orange & lemon sponge	Creamy rice pudding
Cold desserts	A range of daily cold desserts including fresh fruit, fruit shakers ,jelly, cheesecake,& yoghurts.				
Beverages	A range of juices, milk drinks and fresh smoothies				

	Monday	Tuesday	Wednesday	Thursday	Friday
speciality	Chilli Con Carnie	Pasta Carbonara with Garlic Bread	Hand carved roast Pork with Apple Sauce	Chicken & Sweetcorn Flaky Topped Pie	Chip Shop Battered fish
Vegetarian meal	Cauliflower and broccoli bake	Spanish omelette	Vegetable cannelloni	Pasta margarita	Vegetable fajitas
Potato/ Rice vegetables	Vegetable rice Seasonal vegetable	Herb diced Seasonal vegetable	roast potatoes Seasonal vegetables	Creamed Potato Seasonal vegetable	Sauté potatoes Seasonal vegetables
mix & match pasta jacket & rice bar	separate menu				
Filled rolls/ sandwiches	At least 2 x vegetarian 2 x meat /fish per day				
Salad shakers	Range of vegetable/fruit/pasta-based salads with chicken, tuna ham, cheese toppings				
pudding of the Day	Chocolate sponge with chocolate sauce	Apple & apricot crumble with custard	Pear and chocolate sponge	Oaty apple & Sultana crumble	Welsh cakes and cream
Cold desserts	A range of daily cold desserts including fresh fruit, fruit shakers ,jelly, cheesecake,& yoghurts.				
Beverages	A range of juices, milk drinks and fresh smoothies				

	Monday	Tuesday	Wednesday	Thursday	Friday
speciality	Creamy Chicken Korma	Traditional Beef Lasagne With Garlic Bread	Hand Carved Roast Turkey with cranberry sauce	Traditional Steak & Ale Pie	Oven Baked Breaded Fishfingers
Vegetarian meal	Sweet potato & mushroom Korma	Vegetable Lasagne with garlic bread	Cheese and roast onion pasty	Veggie Cottage pie	Halloumi Burger
Potato/ Rice vegetables	Vegetable rice Seasonal vegetable	Herb diced Seasonal vegetable	roast potatoes Seasonal vegetables	Creamed Potato Seasonal vegetable	Sauté potatoes Seasonal vegetables
mix & match pasta jacket & rice bar	separate menu				
Filled rolls/ sandwiches	At least 2 x vegetarian 2 x meat /fish per day				
Salad shakers	Range of vegetable/fruit/pasta-based salads with chicken, tuna ham, cheese toppings				
pudding of the Day	Chocolate sponge with chocolate sauce	Apple & apricot crumble with custard	Pear and chocolate sponge	Oaty apple & Sultana crumble	Welsh cakes and cream
Cold desserts	A range of daily cold desserts including fresh fruit, fruit shakers ,jelly, cheesecake,& yoghurts.				
Beverages	A range of juices, milk drinks and fresh smoothies				